



# We can't do it without you!

## Volunteers Needed

Strengthening individuals, families, couples and our community since 1975.

### Join Us for our next Lunch and Learn

1st and 3rd Wednesdays of each month

12.00 - 1.00 PM

RSVP by emailing [jangston@theparentingcenter.org](mailto:jangston@theparentingcenter.org)



## How can you help?

- Date night support. We do these on a small scale weekly, but quarterly do a big date night. We would love to have a couple of volunteers rotate weekly, and then quarterly have 5 or 6 that could help support the larger event. **Need 10 total to rotate schedule**
- Family Field Day - May/June 2025 Will need day-of help with activities! **Need 25-30 volunteers**
- 2025 Birthday Planning - Fall 2025 (planning committee begins meeting October 2024) **Need 10-20 volunteers**
- Every other month we pack datenight packages for our program participants **Need 10-20 volunteers**
- Community Clean up - 2nd Saturday at 9a and last Tuesday at 4p **Need 5-10 volunteers**
- Events Support - attend community events with TPC staff and host fun activities to engage the community **Need 5-10 volunteers**

For more information :

**817-632-5515**

[www.theparentingcenter.com](http://www.theparentingcenter.com)  
[volunteer@theparentingcenter.org](mailto:volunteer@theparentingcenter.org)



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