

2023 ANNUAL REPORT



FROM OUR PRESIDENT & CEO

I have the privilege of being the President and CEO of The Parenting Center. My journey with TPC started late in 2020.

In almost three short years, The Parenting Center has prevailed over:

- Pandemic
- Floods
- Record freezes
- Potential government shutdowns

Through this journey, my team has leaned in, leaned on, persevered, and enhanced services to our community. Their passion, dedication, and unending enthusiasm for our organization, our clients, and our community inspire me every day.

The Parenting Center is intentionally focused on the education of the community and seeking out partners and programs that allow us to maximize our reach and impact.

As we begin our 49th year and look towards our 50th Birthday, we are committed to expanding the reach and impact of TPC. We will expand our scope of programs, not only in number, but in impact. We are committed to do more by our community partners, and we are so proud to step up to the plate and do that. We are committed to journeying alongside others, and currently, we fundraise more than \$600,000 annually to ensure that we honor this promise.

My focus is to empower, guide, and support the staff and board to ensure we have the needed resources to continue providing hope and opportunity for families for the next 50 years. As we look forward, 2024 will be an exciting year for TPC.

We are grateful for the opportunity to continue to serve those that need us, and meet them where they are. We look forward to a year of growth, focusing on serving the diverse needs of our community and expanding our reach and impact. We are excited about the future of TPC and the children and families we will continue to serve in 2024.

Sincerely,



Chris Butler, President & CEO



2023 BOARD OF DIRECTORS

Michael Shedd,
Chair
Monika Britt
Barbara Clark-Galupi
Cristal Clark
Trudy Corbitt
Michael Currie
Alex Eysermans
Sharon Herrera
Troy Knight Miller
Tom Massimi
Nina Novy
Becky Ramirez
Jerry Thompson
Leslie Wilson Cosper
Micah Woodcook

STAFF TEAM

Chris Butler
Diana Calhoun
Yarelle Covarruvias
Zeida Forrest
Giselle Gonzalez
Maria Guzman
Cristina Guzman
Quentin Harris
Quetta Holly
Erika Jobe
Kathleen Lemus
Esther Maldonado
Steve Neal
Nohemi Ollarzabal
Ana Palma
Stephanie Raben
Catherine Sang
David Sierra
Stephanie Soto
Tori Taylor
Saira Valero
Gaby Werthmann



Children's Charities
Shopping Day



Presenting Pulling for
People Award

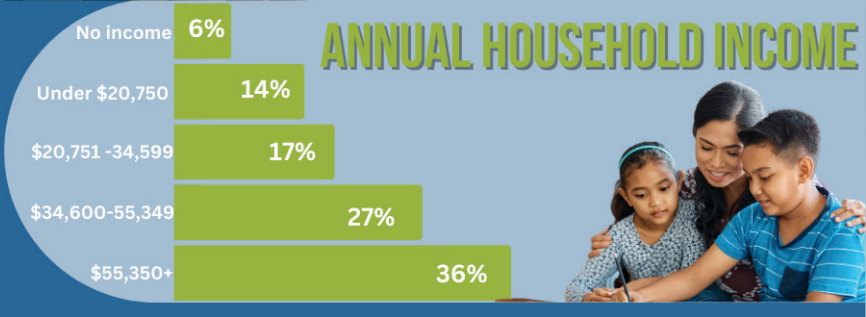
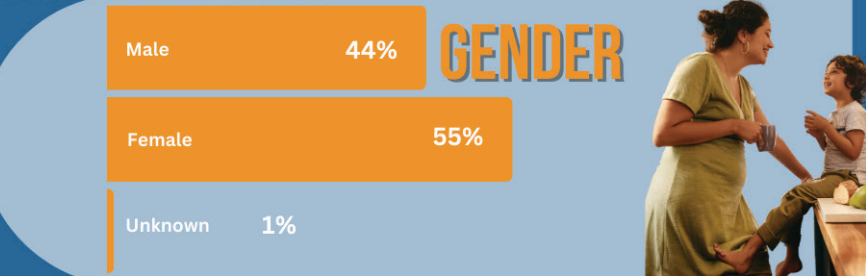
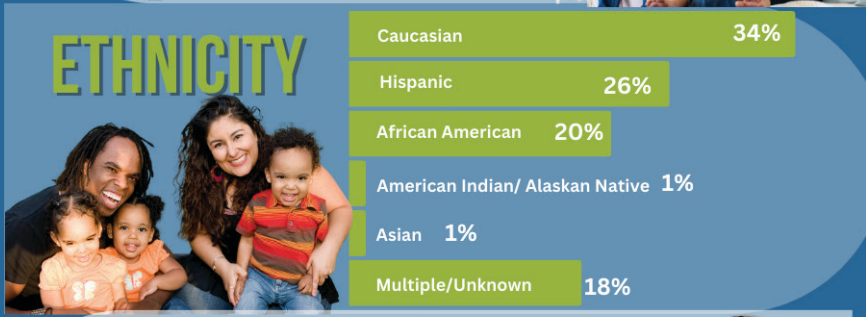
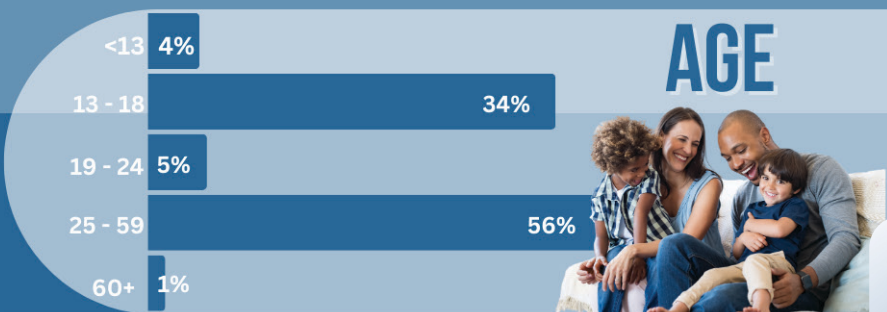


Grilling for staff
celebration

2023 IN NUMBERS

The number of individuals served by The Parenting Center in 2023

3,150



REVENUE

\$3,010,716

GOVERNMENT GRANTS
81% \$2,453,735

FUNDRAISING/SPECIAL EVENTS
14% \$400,911

PROGRAM SERVICE FEES
5% \$156,130

COMMUNITY INVESTMENT

\$3,096,744

COUPLES/RELATIONSHIPS
EMPOWERING FAMILIES PROJECT
45% \$1,386,098

YOUTH EDUCATION
EMPOWERING STUDENTS AND FUTURE FIRST PROJECTS
27% \$849,534

PARENT EDUCATION
FAMILY LIFE EDUCATION, HOME VISITING AND FAMILY TRANSITIONS
5% \$144,732

CLINICAL COUNSELING
10% \$300,141

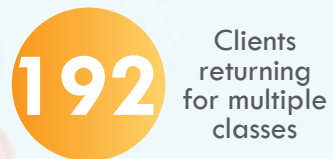
ADMINISTRATION
13% \$416,239

UNAUDITED - for management discussion only

39% of the families served have zero children

FAMILY LIFE EDUCATION

Our **Family Life Education** offers both live virtual and in-person classes, covering a variety of areas designed specifically for parents and caregivers. Classes support caregivers at every stage of a child's development, from toddlers to teenagers, to assist them in nurturing and guiding children. We also provide support for family transitions, including co-parenting and strengthening bonus families.



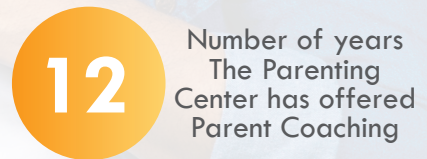
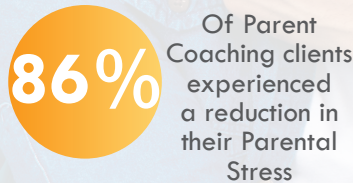
"Helping families create childhoods their children don't have to heal from." - Chris



"I highly recommend it to any parent looking to strengthen their family dynamic." - Ellen

PARENT COACHING

Parent Coaching offers individualized in-home support for families with children ages 3-16. This 10-week program uses TBRI (Trust Based Relational Intervention) to help build trust, improve communication, and handle discipline issues effectively. Intentional focus is placed on connection, positive discipline, and sustainability.



YOUTH EDUCATION PROGRAMS

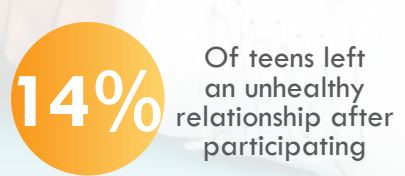
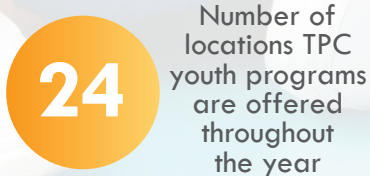
"I like that we have mature conversations." - KC

EMPOWERING STUDENTS PROJECT

We **Empower Students** with the ability to communicate effectively, handle conflicts, develop budgeting skills, and understand healthy relationships.

FUTURE FIRST PROGRAM

We equip teens to put their **Future First**. Teens learn how to build healthy relationships, prevent STIs, and reduce teen pregnancy.



EMPOWERING FAMILIES PROJECT

We know that a couple who has a strong relationship become better parents, is more financially sound, has better relationships, and lives more fulfilled lives. Through our **Empowering Families Project**, we give couples the opportunity to grow stronger ties with healthy communication, conflict resolution, and quality time together in weekly date-night-styled workshops.

“Amazing information. It has helped us exponentially with each other and as parents.” - Miriam

200 Couples served

191 Children impacted

19 Free Community Date Nights

75% Of program participants said the program was beneficial for their parenting as well as their relationship with their partner

There is nothing like the joy a child creates. The laughter, special moments and lifetime memories that a child brings to a family are priceless. At The Parenting Center, we understand and appreciate that getting those children to adulthood can be challenging. Every family can use a helping hand, regardless of education, socioeconomic status, or what the term “family” means. We provide services to meet the ever-changing needs of children, teens, couples and families alike throughout that journey. We believe that creating confident, skilled, strong families directly strengthens a community.

CLINICAL COUNSELING

Clinical Counseling benefits our community one child, one individual, one couple and one family at a time. By providing support during life’s challenging times, we create better relationships, confidence and self-awareness and reduce the longterm impact of trauma.

We provide play therapy, couples/marriage therapy, individual therapy, and family therapy.

896 Hours of counseling sessions to children ages 5-17

247 Clients provided counseling services

2,632 Hours of clinical counseling provided

22 Number of insurances we accept, in addition to Medicaid & Medicare

Trauma can leave you feeling demoralized and damaged. It can make you believe that you are irreparable. But remember that you can always fight the negative forces in your life and restore the peace you once had. If trauma can happen, healing can happen.

PARENT ADVICE LINE (PAL)

A free, confidential telephone line and email for parents or caregivers with questions about raising or caring for children.

44 Number of consecutive years the Parenting Advice Line has been in operation

THANK YOU FOR STEPPING UP AND BEING A PART OF "THE VILLAGE"

\$100,000+
 Rees-Jones Foundation

\$50,000-\$99,999
 Rainwater Charitable Foundation
 Sid W. Richardson Foundation

\$20,000-\$49,999
 Amon G Carter Star-Telegram
 Employees Fund
 BoomerJack's Grill & Bar
 Robert D. and Alma Moreton Foundation
 The Morris Foundation
 The Ryan Foundation
 William & Catherine Bryce Memorial Fund

\$10,000-\$19,999
 JES Edwards Foundation
 Mary Potishman Lard Trust
 Vestal B Sanders Charitable
 Foundation
 Crystelle Waggoner Charitable Trust

\$5,000-\$9,999
 Anna W & Alexander P Thornton
 Charitable Trust
 Insperity Corporate Citizenship
 Marcelle LeBlanc
 The Velvet Box

\$2,500-\$4,999
 Anonymous
 Anthony Barbieri
 BNSF Railway Foundation
 Trudy Corbitt
 Michael Currie
 Frost Bank
 Garvey Texas Foundation
 Becky Ramirez
 Christopher Sawyer
 Jo Ann Swienton

\$1,500-\$2,499
 American National Bank & Trust
 Monika Britt
 Chris Butler
 Barbara Clark
 Fash Foundation
 Mary Carolyn Gatzke
 Ottis Goodwin
 Lisa Gossard
 Charity Hagains
 Erika & Mitchell Jobe
 My Home Windows
 Michael Shedd
 Toro Branded Apparel & Merch
 Tricia Carter Wood

\$500-\$1,499
 Angie's Angels
 Dustin Audet
 Central Market
 Brian Cox
 Edward Jones
 Fidelity Charitable
 Jim Hardick
 Alfred Johnson
 Troy Knight Miller
 Kubes Jewelry LTD
 David Lehmann
 Kristine Mellgren
 M-Pak, Inc.
 National Leadership Foundation
 Riley Shaw
 TCU
 Jerry Thompson
 Dan Timm

\$1-\$499
 Zulami Aguilar
 Samuel Austin
 Linda Bass
 The Blackbaud Giving Fund
 Cornelia Blake
 Paula Bonniwell
 Diana Calhoun
 Cristina Calk
 Zohra Choudhry
 Cristal Clark
 Alison Coutu
 Glenn Darden
 Jane Diseker
 Reagan Ferguson
 Jacklyn Fitzgerald
 Jody Fletcher
 James Foust
 Julie and Daniel Goldstein
 Maria Guzman
 Samantha Haddock
 Courtney Johnson
 Barbara Lamsens
 Sarah Lyons
 Esther Maldonado
 Brandon Nelson
 Amy Normand
 Taylor Ozuna
 Ana Palma
 Madel Perez
 Gary Robinette
 Charles Rowland
 John Rubin
 Satori Capital
 Tracy Schultz
 Michelle Simental
 Monica Spence
 Theresa Stedifor
 Kathryn Thalken
 Scott Turner
 United Way of Metropolitan
 Dallas

Jasmin Vasquez
 Stephanie Warren
 Dr. Bruce Weiner
 Marsha West
 Kimberly & Braiden Westbrook
 Maurice Wiggins
 Holli and Clint Winn
 Nathalia Zamarripa

In-Kind

Aloft Downtown Fort Worth
 B&B Butchers & Restaurant
 Billy Bob's
 BNSF Railway
 Bonnell's Restaurant Group
 Casa Manana
 The Cookery
 Bobby Duncan
 Heather and Steve Fisher
 Fort Brewery
 Grace Fort Worth

Lisa Gossard
 Robert Gurley
 Horned Frogs Sports Properties
 Kenneth Horton
 Kendra Scott
 Mayor's Office
 Modern Art Museum of Fort Worth
 Ivey and Alberto Ochoa
 Stephanie and Tyler Raben
 Toro Branded Apparel & Merch
 Joanne Viola

HOW CAN I HELP?



Staff CPR Training

01

Visit our website, sign up for our newsletter and stay in-the-know.

02

Attend an upcoming Lunch and Learn - and Invite your friends!



Intern Celebration

03

Advocate and tell others about The Parenting Center and the work we do.

04

Join us as a volunteer, participate in or sponsor a special event.



Summer Bash

05

Partner with us to strengthen families: donate resources, combine efforts and see your impact grow.

The Parenting Center is proud to be a part of:



Platinum Transparency 2024

Candid.



Family Field Day



2023 Feast in the Fort

FEAST IN THE FORT



2023 Feast in the Fort



2023 Feast in the Fort



2023 Pulling for People Clayshoot

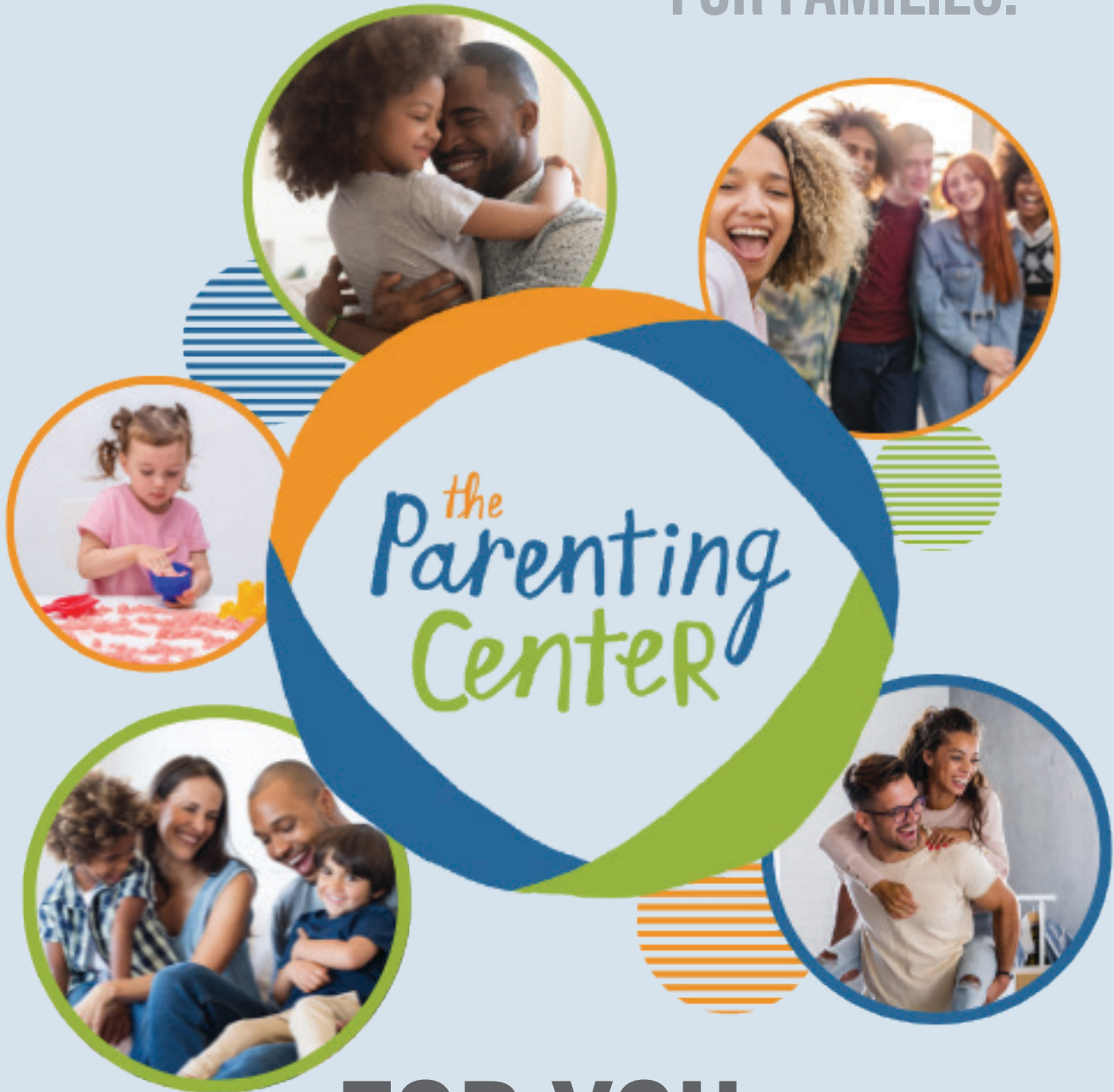


2023 Pulling for People Clayshoot



2023 Pulling for People Clayshoot

FOR COUPLES. FOR PARENTS.
FOR TEENS. FOR CHILDREN.
FOR FAMILIES.



FOR YOU.

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