



2022 ANNUAL REPORT



FROM OUR PRESIDENT & CEO



The past year brought equal parts uncertainty, transition and recovery for our community. It was also an opportunity for growth for The Parenting Center and our community. As we celebrated our 47th year, we built new relationships, strengthened existing relationships and our resolve for our mission.

Despite being displaced when our facility flooded, TPC was able to continue our programming with virtual learning and telehealth, which ensured parents and families were able to receive the help they needed when they needed it the most. I am proud of our team of staff and volunteers for their ability to make the changes necessary so that our community experienced as little service interruption as possible. We began a new program called Future First. The purpose of Future First is to provide a comprehensive approach to educate youth on the prevention of pregnancy and sexually transmitted infections.

2022 saw enhanced partnerships with FWISD and One Safe Place with our clinical programs and we are proud to provide on-site services for children and families at both locations. Programmatically we expanded beyond our four walls and screens to offer programs in numerous ISDs, charter schools, and private schools. We are currently in Arlington, Burleson, Crowley, Dallas, Fort Worth, Granbury and HEB ISDs.

We are thankful to collaborate with community partners: ACH - Our Community Our Kids, Alliance for Children, Cook Children's Hospital, Child Care Associates, Early Learning Alliance, First Presbyterian Church, Girls, Inc., Ladder Alliance, One Safe Place, Pathfinders, Tarrant County College, Uplift Charter Schools, The Women's Center and YMCA. Fort Worth and Tarrant County is a strong community of agencies combining resources, working together to ensure everyone's needs are met.

We are grateful for the opportunity to continue to serve those that need us and meet them where they are. We look forward to another year of growth, focusing on the diverse needs of our community and expanding our reach. Thank you for your continued support throughout 2022 and the dedication to the children and families we will impact in 2023.

Sincerely,

Chris Butler, President & CEO

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Simone Jackson-Ward	Saira Valero
Jocelyn Lopez	Stephanie Warren

HOW WE DID

3,170

individuals were served by TPC in 2022

REVENUE - \$3,174,105

75%	\$2,365,219	Government Grants
16%	\$514,620	Fundraising/Special Events
9%	\$294,266	Program Service Fees

COMMUNITY INVESTMENT EXPENSES - \$3,136,312

41%	\$1,276,626	Couples/Relationships Empowering Families Program
28%	\$872,165	Youth Education Empowering Students and Future First Programs
5%	\$162,095	Parent Education Family Life Education, Home Visiting and Family Transitions
12%	\$382,654	Clinical Counseling
14%	\$442,773	Administration

UNAUDITED - for management discussion only



HOW WE SERVE

Our Family Life programs are designed to support families in every aspect of life. From how to manage behavioral and communication challenges with your children to successfully transitioning to a co-parenting relationship, we help navigate familial and parent-child relationships.



FAMILY LIFE EDUCATION

PARENTING ADVICE LINE

A free, confidential telephone line and email for parents or caregivers with questions about raising or caring for children.

- 5 therapists and/or interns provided services
- Total served: 331

COMMUNITY ENGAGEMENT

Informs the community of TPC's mission and services through presentations and community events.

- Attended in-person events while maintaining an educational social media presence utilizing Facebook Live.
- Hosted events such as Feast in the Fort that included nearly 160 community members.
- Expanded community partnerships.

FAMILY LIFE EDUCATION

- 77% of Family Life clients demonstrated at least a 20-point increase in their knowledge.
- Race: American Indian/Alaska Native 1%, Asian 2%, Black/African American 20%, Caucasian 40%, Latino/Hispanic 30%, Native Hawaiian/Pacific Islander .4%, Undisclosed 6.6%
- Gender: Female 49%, Male 51%
- Age: 0-18 1%, 19-24 9%, 25-29 86%, 60-74 3%, 75-84 .1%, Undisclosed .9%
- Income: <\$20,750 17%, \$20,751-34,599 19%, \$34,600-\$55,349 18%, > \$55,350 26%, No income 4%; Undisclosed 16%
- Total served: 918

PARENT COACHING

- 88% of clients saw a reduction in behavioral difficulties according to the Strengths & Difficulties Questionnaire.
- 76% experienced a reduction in their Parental Stress as measured by the Parental Stress Scale.

FAMILY TRANSITION

- Provided education and classes to families raising children between two homes.
- 87% of clients who are in the midst of a Family Transition saw at a 10% increase in their knowledge of preventing divorce abuse.

FUTURE FIRST

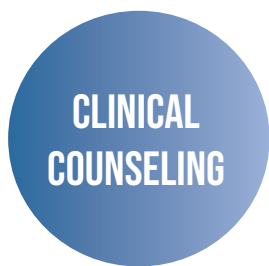
- The first-year program educates high school students on the prevention of pregnancy and sexually transmitted infections.
- Visited 5 schools in Tarrant County
- Total served: 415
- Race: American Indian/Alaska Native 4%, Asian 3%, Black/African American 31%, Caucasian 31%, Native Hawaiian/Pacific Islander 1%, Other 30%; Ethnicity: Latino/Hispanic 30%, Not Hispanic/Latino 68%



Empowering Families Project helps couples develop the necessary tools to spend more quality time together, communicate better and learn to resolve conflict to move toward a more healthy and happy family. Our program also provides support in other areas, including finances and employment.

- 100% of respondents said EFP helped them work together as parents with their spouse, partner or co-parent.
- 98% said the program was beneficial to their financial well-being
- EFP referred 103 clients to community resources including food pantries, health care, dental care, etc.
- Race: American Indian/Alaska Native 4%, Black/African American 9%, White 53%, Other 33%; Ethnicity: Hispanic/Latino 84%, Not Hispanic/Latino 16%
- Gender: Female 49%, Male 51%
- Average household income: \$43,175
- Total served: 523

TPC's Clinical Counselors continued to provide individual, group, family and couples counseling with specialties including Trust-Based Relational Intervention, attachment disorders and trauma.



- Offered in-person services and telehealth options.
- Expanded access to those in need by offering services in additional in-person locations - One Safe Place.
- 15 therapists and/or interns provided services.
- Total served: 410

Through our Empowering Students Project, TPC partners with high schools to bring relationship education to Tarrant County students who learn skills to communicate, handle conflict and understand healthy relationships.



- ESP was one of 5 youth grantees and one of 13 overall to receive the "Captain's Data Award" from the Department of Healthy and Human Services' Healthy Marriage & Responsible Fatherhood program. The award acknowledges strong data collection and performance.
- 89% of participants said they can effectively deal with conflicts that arise in their relationships.
- 88% of participants reported that they are able to recognize the warning signs of a bad relationship AND know what to do when they recognize those signs.
- Race: American Indian/Alaska Native 6%, Black/African American 27%, White 18%, Other 22%, Asian 3%, Native Hawaiian or Pacific Islander 14%; Ethnicity: Hispanic/Latino 68%, Not Hispanic/Latino 32%
- Gender: Female 54%, Male 44%, Other 2%
- Total served: 573

THE VILLAGE

\$100,000+

Rainwater Charitable Foundation
Rees-Jones Foundation

\$50,000-\$99,999

Crime Control and Prevention District
Sid W. Richardson Foundation

\$20,000-\$49,999

BoomerJack's Grill & Bar
The Ryan Foundation
Tarrant County

\$10,000-\$19,999

JES Edwards Foundation
Leo Potishman Foundation
National Philanthropic Trust
Jane Rector

\$5,000-\$9,999

America's Charities
Communities Foundation of Texas
Debbie Cooley
GM Financial
Marcelle LeBlanc
Rotary Club of Fort Worth
Children's Fund
The Velvet Box

\$2,500-\$4,999

Angie's Angels
Cristal Clark
Barbara Clark
Michael Currie
Frost Bank
Insperty Corporate Citizenship
Brent Tipps
Weaver and Tidwell Private
Foundation
Natalie and Mark Weimer

\$1,500-\$2,499

Anonymous

Chris Butler
Trudy Corbitt
Edward Jones
Fash Foundation
Garvey Texas Foundation
Lisa Gossard
Inwood National Bank
Junior League of Fort Worth, Inc.
Don Lamont
Jason McCord
The Morris Foundation
Sheryl Preston

\$500-\$1,499

Sabrina Ball
Tina Brown
Melondy Dobby-Munoz
Gina Farmer
First Grandmothers' Club
Stephen Namy
Becky Ramirez
Michael Shedd
Kathryn Thalken
Jerry Thompson
United Way of Tarrant County
Lane Wells

\$1-\$499

Danyelle Ackall
Zulami Aguilar
Joe Alcala
Larry Anfin
Arlington Senior Men's Club
Jacob Asay
Samuel Austin
Glenn Bearden
The Benevity Community Impact
Fund
Donald Boren
Angela Burgos
Mary Butler
Dawne Cassidy
Gerald Cavanaugh
Barbara Jean Collins
Gayle Dawson
Eddie Dobbins
Matthew Eubanks

Kat Fahrenthold
Melinda Farmer
Reagan Ferguson
Celeste Filar
Jody Fletcher
Zeida Forrest
William Foust
Frontstream
Mary Gatzke
Marisol Gongora
Joshua Gorss
Maria Guzman
Janette Hargrove
Erika and Mitch Jobe
Alfred Johnson
Martha Jones
Cory Jones
KCA Realty Holdings, LLC
Ryan Kelley
Teresa Kendall
Barbara Lamsens
Ryan Larson
M. Gale & Associates
Andrew Maeder
Esther Maldonado
Kimberly Manskey
Judy McDonald
Jack McKenzie
Mike McStay
Michelle Morgan
Larry Murphy
Steve Neal
Brandon Nelson
Network for Good
Taylor Ozuna
Ana Palma
Fred Reynolds
Gary Robinette
John Rubin
Tracy and Kerby Schultz
Michelle Simental
Hannah Smiley
Rodger Soucy
Thrift For Good Ltd
United Way of Metropolitan Dallas
Stephanie Warren
Dr. Bruce Weiner
Coert Williams

In-Kind

Abundio's Fit Society
Acre Distilling Co.
B&B Butchers
Bank of Texas
Ben Hogan Golf
Big 12 Conference
Bike Mart
Billy Bob's Texas
BNSF Railway
Bonnell's Restaurant Group
Monika Britt
Casa Mañana
Chef Rodman Shields
Cristal Clark
Debbie Cooley
The Cowtown Marathon
Councilman Michael D. Crain
Defender Outdoors
Bobby Duncan
Evoke Spas
Flavio and Julie Duran
Gina Farmer
Fixe Southern House
FW Metropolitan YMCA
FW Police Department
Fort Worth Zoo
Goodyear Cotton Bowl Classic
Haus Fitness
Hollywood Feed
Kate Weiser Chocolates
Kendra Scott
Legends Hospitality at AT&T
Stadium
Lockheed Martin Armed Forces Bowl
Luke's Locker Fort Worth
Jason and Lezlie Maloy
Mini Tank Battlefield
Rose Ozuna
Park Hill Portraits
Pinstripes
Press Cafe
Michael Shedd
Starbucks
Total Wine & More
Uplift Dance Education



HOW TO GET INVOLVED

There is nothing like the joy a child creates. The laughter, special moments and lifetime memories that a child brings to a family are priceless. At The Parenting Center, we understand and appreciate that getting those children to adulthood can be challenging. Every family can use a helping hand, regardless of education, socioeconomic status, or what the term “family” means. We provide services to meet the ever-changing needs of children, teens, couples and families alike throughout that journey. We believe that creating confident, skilled, strong families directly strengthens a community.



MAKE A GIFT

By QR Code



By Mail

The Parenting Center
Erika Jobe
Director of Development
2928 West 5th Street
Fort Worth, Texas 76107

VOLUNTEER

“Volunteers do not necessarily have the time; they just have the heart.” - Elizabeth Andrew

- Follow your heart to TPC where we have volunteer opportunities to match interests, skills and availability for all ages.
- Contact Erika Jobe at 817-632-5515 or ejobe@theparentingcenter.org.

EVENTS

- Pulling for People Sporting Clay Challenge in April is one way to support TPC’s work in the community.
- In October, BoomerJack’s Feast in the Fort offers a night of food, fun, friendship and a silent and live auction.
- For information on tickets or sponsorships, visit theparentingcenter.org/events.

**PARENTING IS HARD.
YOU DON'T HAVE TO DO IT ALONE.**



WE ARE THE VILLAGE.

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