



We create strong families –
which creates a stronger community

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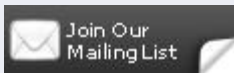
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The Parenting Advice
Line

Parenting and Family Life Education at The Parenting Center

One of the ways The Parenting Center maintains its mission is through its Family Life Education program. Our highly skilled and caring staff cover more than 50 relevant topics in our parenting classes.

We are here at every stage of development, birth to teen, to assist parents in nurturing and guiding their children.

We know parenting isn't easy. That is why our classes are available at our office, online, as well as other locations throughout the Metroplex. Online registrations are simple and fast, or you can call us, we'll be glad to help.

Classes are taught by trained, degreed, and experienced professionals. Our goal is to deliver quality, research-based instruction on effective, non-violent child-rearing practices, so that parents and caregivers can feel positive about their relationships with their children.

View class descriptions and register [here](#).



Suzanne Stevenson, Parenting and Family Life Education Program Manager

Free Parenting Classes

Overwhelmed with a newborn baby or other age children? Call the FREE, confidential PAL Line at **817-332-6399** for parenting advice. Monday - Friday 12:00 - 3:00 PM

Volunteer!

Do you have a passion for strengthening family relationships and at least one hour a week to spare?

[Check out our volunteer opportunities.](#)



FREE Parenting Classes

Parenting 101

May 20, 6:30 p.m.- 7:30 p.m.

September 16, 6:30 p.m.- 7:30 p.m.

From Bottles to Blocks

June 17, 6:30 p.m.- 7:30 p.m.

October 21, 6:30 p.m.- 7:30 p.m.

Discipline for Young Children

July 15, 6:30 p.m.- 7:30 p.m.

Time to Potty

August 19, 6:30 p.m.- 7:30 p.m.

**for class descriptions, visit theparentingcenter.org/calendar*

offered at **Babies "R" Us**
5800 Overton Ridge Blvd
Fort Worth, TX 76132

**visit theparentingcenter.org/calendar to register
or call 817-332-6348**

How to Correct Misbehavior

by Suzanne Stevenson

Spanking is often viewed as a time-honored method for punishing misbehavior. It is done in the belief that it will stop unwanted behavior because we, as adults, remember a spanking that taught us a lesson after which we never repeated our misdeed.

However, there is plenty of research that counters the belief in the

effectiveness of spanking for stopping misbehavior in children. In a [recent study](#) conducted by George Holden at Southern Methodist University, it was revealed that corporal punishment is not the most effective method for ending unwanted behavior or correcting misbehavior. In fact, the study demonstrates that spanking is often used for minor misbehaviors or with children who are very young and are simply behaving in a developmentally appropriate way. Spanking rarely accomplishes the overall goal of modifying behavior and as the study demonstrated, children responded with more misbehavior within 10 minutes of the spanking. What is a parent to do? Read on [here](#).

Congratulations, Bliss!



Congratulations to The Parenting Center's Parenting and Family Life Educator, **Bliss Coulter**, on graduating from Texas Women's University with her Masters in Clinical Counseling (and with a 4.0 grade average!). We are proud of you!

The Parenting Center is a 501(c)(3) nonprofit with a mission of providing families the tools to succeed.

The agency impacts over 16,000 individuals a year through its Family Life Education, Counseling, Case Management and Co-Parenting programs. To learn more about The Parenting Center's dedication to safeguarding our children,

please contact 817-632-5515 or visit www.theparentingcenter.org.

