



**Service Guide
July-September
2017**

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Certificate
of
Completion

FREE
Workshop

To register for classes, or find more detail for classes, go to
theparentingcenter.org
or call **817-332-6348** (se habla Español)

General Parenting Workshops—Fort Worth

Parenting Workshops

S.T.E.P.®—Systematic Training for Effective Parenting.

Package Plan: Register & pay in advance for the 7 topics together for \$120 (7 classes for the price of 6!) Each additional household member is \$5

WORKSHOP TITLE	DAY	DATE	TIME	LOCATION	COST <small>in advance/at door</small>
Parenting Styles	Tuesday	July 11	6:30-8:30 p.m.	TPC (The Parenting Center)	\$20/\$30
Birth Order	Tuesday	July 18	6:30-8:30 p.m.	TPC	\$20/\$30
Building Self-Esteem	Tuesday	July 25	6:30-8:30 p.m.	TPC	\$20/\$30
Improving Communication	Tuesday	Aug 1	6:30-8:30 p.m.	TPC	\$20/\$30
Developing Responsible Children	Tuesday	Aug 8	6:30-8:30 p.m.	TPC	\$20/\$30
Positive Discipline	Tuesday	Aug 15	6:30-8:30 p.m.	TPC	\$20/\$30
Making Rules & Enforcing Consequences	Tuesday	Aug 22	6:30-8:30 p.m.	TPC	\$20/\$30
Parenting Styles	Tuesday	Sept 12	6:30-8:30 p.m.	TPC	\$20/\$30
Birth Order	Tuesday	Sept 19	6:30-8:30 p.m.	TPC	\$20/\$30
Building Self-Esteem	Tuesday	Sept 26	6:30-8:30 p.m.	TPC	\$20/\$30

PATH Workshops

Workshops for parents of children with special needs.

WORKSHOP TITLE	DAY	DATE	TIME	LOCATION	COST
Texas Autism Supplement	Thursday	Aug 17	6:30-8:30 p.m.	TPC	FREE
Top 10 Basics of Special Education	Thursday	Sept 21	6:30-8:30 p.m.	TPC	FREE

Clases en Español

NOMBRE DE LA CLASE	DIA	FECHA	HORA	LUGAR	PRECIO <small>in advance/at door</small>
Desarrollando Niños Responsables	miércoles	26 de julio	6:30-8:30 p.m.	TPC	\$20/\$30
Estilos de ser Padres	miércoles	30 de agosto	6:30-8:30 p.m.	TPC	\$20/\$30
Mejorando el Auto-Estima	miércoles	27 de septiembre	6:30-8:30 p.m.	TPC	\$20/\$30

Family Transitions Workshops—Fort Worth







Additional Family Transitions workshops are offered in Arlington.

WORKSHOP TITLE	DAY	DATE	TIME	LOCATION	COST <small>in advance/at door</small>
 Kids First	Saturday	July 8	9:00 a.m.-1:00 p.m.	TPC	\$45/\$60
 Co-Parenting Essentials	Friday	July 21	1:00-5:00 p.m.	TPC	\$45/\$60
 Co-Parenting Essentials	Saturday	August 12	9:00 a.m.-1:00 p.m.	TPC	\$45/\$60
 Kids First	Saturday	Sept 9	9:00 a.m.-1:00 p.m.	TPC	\$45/\$60
 Co-Parenting Essentials	Friday	Sept 29	9:00 a.m.-1:00 p.m.	TPC	\$45/\$60

Community Workshops







Babies R Us

5800 Overton Ridge Blvd, Fort Worth, 76132

WORKSHOP TITLE	DAY	DATE	TIME	COST
  Positive Brain Development & the Difference Between Male & Female Brains	Tuesday	July 18	6:30-8:00 p.m.	FREE
  Praising Children and Their Behavior	Tuesday	Aug 15	6:30-8:00 p.m.	FREE
  Discipline and Young Children	Tuesday	Sept 19	6:30-8:00 p.m.	FREE

Cook Children's Medical Center

Family Support Meeting Center—801 7th Avenue, Fort Worth, 76104







WORKSHOP TITLE	DAY	DATE	TIME	COST
  Teaching Children to Care	Thursday	July 13	6:30-8:30 p.m.	FREE
  Managing Temper Tantrums	Thursday	Aug 10	6:30-8:30 p.m.	FREE
  Ages & Stages of Infants and Toddlers	Thursday	Sept 14	6:30-8:30 p.m.	FREE

Fort Worth Library

Summerglen Branch—4205 Basswood Blvd, Fort Worth, 76137

Southwest Regional—4001 Library Lane, Fort Worth, 76109

East Regional—6301 Bridge Street, Fort Worth, 76112

WORKSHOP TITLE	DAY	DATE	TIME	LOCATION	COST
  Parenting the Strong-Willed Child	Monday	July 10	6:00-8:00 p.m.	Summerglen Branch	FREE
  Parenting the Strong-Willed Child	Monday	July 24	6:00-8:00 p.m.	Southwest Regional	FREE
  Parenting the Strong-Willed Child	Wednesday	Aug 2	6:00-8:00 p.m.	East Regional	FREE

Junior League of Arlington–Center for Community Service

4002 West Pioneer Parkway, Arlington, 76013

WORKSHOP TITLE	DAY	DATE	TIME	LOCATION	COST <small>in advance/at door</small>
Co-Parenting Essentials	Saturday	July 15	9:00 a.m.-1:00 p.m.	JLA-CCS (Junior League of Arlington–Center for Community Service), Room E	\$45/\$60
Strengthening Step-Families	Wednesday	July 19	6:30-8:30 p.m.	JLA-CCS, TPC Room	\$20/\$30
Communicating with Your Teen	Wednesday	Aug 2	6:30-8:30 p.m.	JLA-CCS, TPC Room	\$20/\$30
Kids First	Saturday	Aug 5	9:00 a.m.-1:00 p.m.	JLA-CCS, Room E	\$45/\$60
Discipline and Your Teen	Wednesday	Aug 9	6:30-8:30 p.m.	JLA-CCS, TPC Room	\$20/\$30
Co-Parenting Essentials	Friday	Aug 25	9:00 a.m.-1:00 p.m.	JLA-CCS, Room E	\$45/\$60
Co-Parenting Essentials	Saturday	Sept 16	9:00 a.m.-1:00 p.m.	JLA-CCS, Room E	\$45/\$60
Controlling Anger in the Family	Wednesday	Sept 20	6:30-8:30 p.m.	JLA-CCS, TPC Room	\$20/\$30

Professional Development

SOS! Help for Childcare Staff

FREE Training
September 6, 2017
6:30-8:30 p.m.

Junior League of Arlington–Center for Community Service, Room D & E



Why do children misbehave? How can parents and childcare professionals work together when it comes to managing misbehavior?

Join us for an informative workshop that reviews the skills for managing children's behavior. Learn how to recognize different temperaments and how to bring out the best in all temperament traits, as well as improve communication between parents and caregivers.

Certificates of completion will be provided for this FREE class. Registration required.

For more information please contact Family Life Education Program Director, Suzanne Stevenson at **817-632-5521** or SStevenson@theparentingcenter.org

Other Services

Counseling

Providing Services for Individuals, Families, Couples and Children (Play Therapy)

For information on pricing or to schedule an appointment, please call 817-332-6348.

Most health insurance plans and Medicaid are accepted.

Adult Anger Management Group

Tuesdays, 6:30-8:30 p.m.

August 8–September 12

September 19–October 24

*Attendees must attend all six meetings for completion & certificate

Some health insurance plans are accepted

Self-pay individuals: **\$20** in advance per person, per week or **\$30** at the door per person, per week.



The *New* Empowering Families Project for Couples

*How do you make time for each other?
How can you be strong leaders for your children?
Where do you see your family in 5 years?
How are you going to afford to get there?*

Empowering Families Project invites you to join us for feast and fellowship during our **FREE** 8-week workshop on your relationship, finances, parenting, and employment.. You'll have a chance to strengthen your union by learning from experienced educators and peers in your community.

A meal and childcare is provided. Incentives for participation are available.

Please contact the Empowering Families Project to get started!

For more information, call **817-632-5529** or visit www.bit.do/familytime
Para información en español por favor de llamar al **817-632-5529**

Funding for this project was provided by the United States Department of Health and Human Services, Administration for Children and Families, Grant: 90FM0073.

H.E.A.L. Program Home Visiting, Education, and Leadership

H.E.A.L. is a **FREE**, 18-week in-home, family-strengthening program that utilizes a curriculum called SafeCare. Parents learn helpful skills that aid in managing children's misbehavior, as well as understand many beneficial ways of problem solving and communication. Skills training include child behavior management techniques, planned activities, how to create healthy parent-child interactions and child healthcare education.

Participants who complete the full 18-week program receive a certificate of completion

Participants receive incentives, such as home safety kits, thermometers, behavior charts, MyFoodPlate, toothbrushes, and gift cards upon completion.

**evening home visits are available on limited basis*

For more information, please contact Program Director, Bliss Coulter at 817-632-5522 or BCoulter@theparentingcenter.org

Para información en español por favor de llamar al **817-632-5532**

Funding for this project was provided by the Prevention and Early Intervention



July–September 2017 Service Guide

Live in Arlington?

Check out our **NEW**
Classes in your Area!

theparentingcenter.org
817-332-6348

Stay in touch with us...



facebook.com/TheParentingCenter



@TheParentingCtr

Sign up for our Newsletter
theparentingcenter.org

Newsletter

Call our **FREE** Parenting Advice Line

Monday through Friday, 12:00-3:00 p.m.
817-332-6399

Or submit your questions online at:
theparentingcenter.org/PAL

Workshop Rules

- Only adult participants may attend workshops, children are not allowed.
- Child care is **NOT** available.
- Payments are non-refundable, but may be transferable to another date.
- Prepayment and registration is required. To register, go to theparentingcenter.org or call 817-332-6348 (se habla Español).
- Certificates will be issued after the class is completed and full payment is received.
- The Parenting Center reserves the right to cancel any workshop for lack of registrants. Every effort will be made to provide sufficient cancellation notice to participants.
- Please arrive 15 minutes before class begins for registration. Late admissions will not be allowed.

Reglas del Taller

- Guardería no estará disponible y los niños no están permitidos en clase.
- Se dará un certificado al final del programa.
- Presentarse 15 minutos antes del inicio del programa.
- Para evitar distracciones, no se permitirá la entrada después del inicio de la clase.
- No hay reembolso de pago, pero en caso de que el cliente no pueda atender una clase, es posible transferirlo para otra fecha.