

A photograph of a family walking in a park. A man in a grey striped shirt and jeans is carrying a baby in a dark blue baby carrier. A woman in a teal long-sleeved shirt and grey pants is walking beside him, looking at the baby. They are outdoors with trees and a bright sky in the background.

**Service Guide
July - Sept
2016**

General Parenting Workshops p. 2&3

Strategies for learning positive parenting skills.

Co-Parenting Workshops p. 3

Techniques for positive parenting while sharing custody of children.

Community Workshops & Professional Development p. 4

Positive parenting workshops offered in community locations.

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Certificate
of
Completion

FREE
Workshop

To register for classes, or find more detail for classes, go to
theparentingcenter.org/events-reg/
or call 817-332-6348 (se habla Español)

General Parenting Workshops

Parenting Workshops

S.T.E.P.® (Systematic Training for Effective Parenting) Package Plan:
Register & pay in advance for the 7 topics together for \$120
(7 classes for the price of 6!)

Each additional household member is \$5.

| WORKSHOP TITLE | DAY | DATE | TIME | LOCATION | COST <small>in advance/at door</small> |
|--|---------|-----------|----------------|----------------------------|---|
| Parenting Styles | Tuesday | July 5 | 6:30-8:30 p.m. | TPC (The Parenting Center) | \$20/\$30 |
| Birth Order | Tuesday | July 12 | 6:30-8:30 p.m. | TPC | \$20/\$30 |
| Building Self-Esteem | Tuesday | July 19 | 6:30-8:30 p.m. | TPC | \$20/\$30 |
| Improving Communication | Tuesday | July 26 | 6:30-8:30 p.m. | TPC | \$20/\$30 |
| Developing Responsible Children | Tuesday | August 2 | 6:30-8:30 p.m. | TPC | \$20/\$30 |
| Positive Discipline | Tuesday | August 9 | 6:30-8:30 p.m. | TPC | \$20/\$30 |
| Making Rules & Enforcing Consequences | Tuesday | August 16 | 6:30-8:30 p.m. | TPC | \$20/\$30 |
| Parenting Styles | Tuesday | Sept 13 | 6:30-8:30 p.m. | TPC | \$20/\$30 |
| Birth Order | Tuesday | Sept 20 | 6:30-8:30 p.m. | TPC | \$20/\$30 |
| Building Self-Esteem | Tuesday | Sept 27 | 6:30-8:30 p.m. | TPC | \$20/\$30 |

Special Topics

| WORKSHOP TITLE | DAY | DATE | TIME | LOCATION | COST <small>in advance/at door</small> |
|------------------------------|-----------|-----------|----------------|----------------------------|---|
| Communicating with Your Teen | Wednesday | August 10 | 6:30-8:30 p.m. | TPC (The Parenting Center) | \$20/\$30 |
| Discipline and Your Teen | Wednesday | August 17 | 6:30-8:30 p.m. | TPC | \$20/\$30 |
| Strengthening Stepfamilies | Wednesday | Sept 7 | 6:30-8:30 p.m. | TPC | \$20/\$30 |

PATH Workshops

Workshops for parents of children with special needs.

| WORKSHOP TITLE | DAY | DATE | TIME | LOCATION | COST <small>in advance/at door</small> |
|---|----------|---------|----------------|----------------------------|---|
| IEP - Learn about the Contents of Individual Education Plan | Thursday | July 21 | 6:30-8:30 p.m. | TPC (The Parenting Center) | FREE |
| Positive Behavior Intervention | Thursday | Aug 18 | 6:30-8:30 p.m. | TPC | FREE |
| Solving the Unemployment Puzzle for Youth with Disabilities | Thursday | Sept 15 | 6:30-8:30 p.m. | TPC | FREE |

Clases en Español

| NOMBRE DE LA CLASE | DIA | FECHA | HORA | LUGAR | PRECIO |
|------------------------------------|-----------|------------------|----------------|----------------------|-----------|
| Mejorando el autoestima | miércoles | 20 de julio | 6:30-8:30 p.m. | The Parenting Center | \$20/\$30 |
| Dessarraollando Niños Responsables | miércoles | 3 de agosto | 6:30-8:30 p.m. | The Parenting Center | \$20/\$30 |
| Estilo de Ser Padre | miércoles | 14 de septiembre | 6:30-8:30 p.m. | The Parenting Center | \$20/\$30 |

Online Workshops

| WORKSHOP TITLE | COST |
|---|--|
| Beyond Chore Charts: Raising Responsible Children | Self-paced classes. To register, go to theparentingcenter.org \$20 |
| Managing Temper Tantrums | \$20 |
| Understanding Rules & Consequences | \$20 |
| The Birds & The Bees Before Grade 3 | \$20 |
| Communicating With Your Teen | \$20 |

Co-Parenting Workshops

| WORKSHOP TITLE | DAY | DATE | TIME | LOCATION | COST <small>in advance/at door</small> |
|-------------------------|----------|---------|---------------------|----------------------------|---|
| Kids First | Saturday | July 16 | 9:00 a.m.-1:00 p.m. | TPC (The Parenting Center) | \$45/\$60 |
| Kids First | Saturday | Aug 13 | 9:00 a.m.-1:00 p.m. | TPC | \$45/\$60 |
| Kids First | Saturday | Sept 17 | 9:00 a.m.-1:00 p.m. | TPC | \$45/\$60 |
| Co-Parenting Essentials | Saturday | July 9 | 9:00 a.m.-1:00 p.m. | TPC | \$45/\$60 |
| Co-Parenting Essentials | Friday | July 29 | 9:00 a.m.-1:00 p.m. | TPC | \$45/\$60 |
| Co-Parenting Essentials | Saturday | Aug 6 | 9:00 am- 1:00pm. | TPC | \$45/\$60 |
| Co-Parenting Essentials | Friday | Aug 26 | 9:00 a.m.-1:00 p.m. | TPC | \$45/\$60 |
| Co-Parenting Essentials | Friday | Sept 9 | 9:00 a.m.-1:00 p.m. | TPC | \$45/\$60 |
| Co-Parenting Essentials | Saturday | Sept 24 | 9:00 a.m.-1:00 p.m. | TPC | \$45/\$60 |

Community Workshops

| WORKSHOP TITLE | DAY | DATE | TIME | LOCATION | COST |
|---|----------|---------|------------------|--|---------|
| Baby, Let's Read | Friday | July 8 | 10:15-11:15 a.m. | "Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132 | FREE |
| Understanding Your Child's Temperament | Thursday | July 14 | 6:30 - 8:30 p.m. | Cook Children's Medical Ctr. 801 7th Ave., Fort Worth, 76104 Family Support Meeting Center B | FREE |
| Taming Toddlers | Tuesday | July 19 | 6:30 - 8:00 p.m. | "Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132 | FREE |
| Praising Children & Their Behavior | Thursday | Aug 11 | 6:30 - 8:30 p.m. | Cook Children's Medical Ctr. 801 7th Ave., Fort Worth, 76104 Family Support Meeting Center B | FREE |
| Ethics for Professionals: A Brief Consideration | Thursday | Aug 11 | 6:30-9:00 p.m. | Register at TCU Extended Ed. Website. CEUs Available | \$63.00 |
| Baby, Let's Read | Friday | Aug 12 | 10:15-11:15 a.m. | "Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132 | FREE |
| Time to Potty | Tuesday | Aug 16 | 6:30 - 8:00 p.m. | "Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132 | FREE |
| Ages & Stages of Infants and Toddlers | Thursday | Sept 8 | 6:30 - 8:30 p.m. | Cook Children's Medical Ctr. 801 7th Ave., Fort Worth, 76104 Family Support Meeting Center B | FREE |
| Baby, Let's Read | Friday | Sept 9 | 10:15-11:15 a.m. | "Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132 | FREE |
| Making Rules & Enforcing Consequences | Friday | Sept 15 | 6:00-7:00 p.m. | Fort Worth East Regional 6301 Bridge St. Fort Worth, TX 76112 | FREE |
| Discipline for Young Children | Tuesday | Sept 20 | 6:30 - 8:00 p.m. | "Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132 | FREE |

Professional Development

"Darkness to Light Steward of Children"

FREE Training
July 13th
6:30-8:30 p.m

Stewards of Children is a prevention training program that teaches adults how to prevent, recognize, and react responsibly to child sexual abuse. It utilizes powerful video, interactive workbook and a facilitator-led discussion to educate the community on ways to protect children and prevent child abuse in the community. The program is designed for any individuals or youth-serving organizations concerned about the safety of children. It is the only nationally distributed, evidence based program proven to increase knowledge, improve attitudes, and change child protective behaviors.



Training Location:
2928 West 5th Street
Fort Worth, TX 76107

Clock hours or CEU are offered for LMFT, LPC, and Social Work

Other Services

Counseling

Providing Services for Individuals, Families, Couples, and Children (Play Therapy)
Call 817-332-6348 Schedule an Appointment



FREE Triple P Training for Parents!

The Triple P – Positive Parenting Program takes the guesswork out of parenting. It gives parents simple tips to help manage the big and small problems of family life such as tantrums, bedtime battles, aggression, and more!

Space is Limited. Please Call to Sign Up Today!

This 8-Week Class Begins 7/21/16 at 6:30 – 8:30 pm

Adult Anger Management Group

August 9 - September 13 | September 20 - October 25
Tuesdays, 6:30-8:30 p.m.

*must attend all six meetings for completion & certificate
Some health insurance plans are accepted.

Self-pay individuals: \$20 in advance per person, per week or \$30 at the door per person, per week.
MUST call 817-332-6348 for intake & registration.

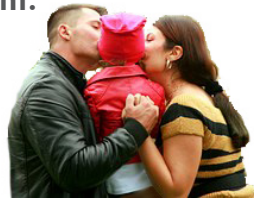
Empowering Families Project for Couples

Do you want to get on the same page with your partner about the kids? Want to argue less? Want a financial expert to coach you with your money? Want to get on the same page about providing for your family? One of the best things you can do for your kids is focus on your relationship with each other!

The Empowering Families Project can be a way to strengthen your relationship. All services are FREE! As a couple, learn skills for communication, parenting, finances, and employment.

Call 817-632-5529 for more information

Funding for this project was provided by the United States Department of Health and Human Services, Administration for Children and Families, Grant: 90FM0073. These services are available to all eligible persons, regardless of race, gender, age, disability, or religion.



H.E.A.L. Program

Home Visiting, Education, and Leadership

H.E.A.L. is a FREE, 18-week in-home, family-strengthening program that utilizes a curriculum called SafeCare. Parents learn helpful skills that aid in managing children's misbehavior as well as understand many beneficial ways of problem solving and communication. Skills training include child behavior management techniques, planned activities training, how to create healthy parent-child interactions, and child health care education.

Participants who complete the full 18 week program receive a Certificate of Completion

Participants receive incentives such as Home Safety Kits, Thermometers, Behavior Charts, MyFoodPlate, Toothbrushes, and Gift Cards upon completion.

Evening Home Visits are Available on Limited Basis

For More Information Please Contact

Program Director, Bliss Coulter at 817-632-5522 or
BCoulter@theparentingcenter.org

Para información en español favor de llamar al 817-632-5532

"The HEAL program is funded by the Prevention and Early Intervention"



2928 West 5th Street
Fort Worth, Texas 76107-2291

July-September 2016 Service Guide

Check Out Our
FREE Triple P
Training for Parents!

theparentingcenter.org
817-332-6348

Stay in touch with us...



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[theparentingcenter.org/
news-media/newsletter/](http://theparentingcenter.org/news-media/newsletter/)

newsletter

Call our FREE Parenting Advice Line

Monday – Friday, 12:00 – 3:00 p.m.
817-332-6399

Or submit your questions online at:
theparentingcenter.org/PAL

Workshop Rules for All Programs

- Only adult participants may attend workshops, children are not allowed.
- Child care is NOT available.
- Payments are non-refundable, but may be transferable to another date.
- Prepayment and registration is required. To register, go to theparentingcenter.org or call 817-332-6348 (se habla Español).
- Certificates will be issued after the class is completed and full payment is received.
- The Parenting Center reserves the right to cancel any workshop for lack of registrants. Every effort will be made to provide sufficient cancellation notice to participants.
- Please arrive 15 minutes before class begins for registration. Late admissions will not be allowed.

Reglas del Taller

- Guardería no estará disponible y los niños no están permitidos en clase.
- Se dará un certificado al final del programa.
- Presentarse 15 minutos antes del inicio del programa.
- Para evitar distracciones, no se permitirá la entrada después del inicio de la clase.
- No hay reembolso del pago.