Our Mission
The Parenting Center’s mission is to provide family members and professionals with the tools, services and resources to build successful families.

Who We Serve
The families and individuals who come to us for help may have experienced trauma, abuse, neglect, poverty or other factors that inhibit their ability to build strong family relationships. Often, these families have little or no access to prevention and intervention resources.

Income
- Low - Under $17,000: 56%
- Moderate - $17,000 - $35,000: 11%
- High - $35,000 and Over: 13%
- Unknown: 20%

Ethnicities
- African American/Black: 22%
- Asian: 3%
- Caucasian: 32%
- Hispanic: 33%
- Native American: 0%
- Other / Unknown: 10%

Age
- 0 - 5: 13%
- 6 - 12: 3%
- 13 - 18: 36%
- 19 - 24: 11%
- 25 - 59: 33%
- 60 - 74: 4%
- 75 - 84: 0%
- 85+: 0%
- Unknown: 7%

6,374 children received the skills needed to heal from abuse and neglect, build healthy relationships and prevent the harmful generational cycle of abuse.

2,524 parents and caregivers received skills that empowered them to foster healthy child development and gain the confidence to use positive parenting practices.

Clients with a 20% or more increase from pre- to post-tests:

- Co-Parenting Essentials Two: 70%
- Parenting & Family Life Edu.*: 72%*
- Co-Parenting Essentials One: 82%
- Kids First: 90%
- Parenting Edu. Program in Schools (P.E.P.S.): 91%
- Anger Management: 91%

*10% increase from pre- to post-tests

1,146 attended Counseling to help address mental illnesses or other difficulties.

70% of children met 60-100% of their therapy goals.

70% of adults met 67% of therapy goals.

1,032 received relationship enhancement skills offered by the Empowering Families Project. 80% of married couples reported an increase in marital satisfaction, improved communication and conflict resolution skills.

Children in the 24 families of the Hand-in-Hand program showed significant improvement in interpersonal strengths, initiative, self-control and attachment.

“I really loved [P.E.P.S.]. Abuse is in my family and I feel like it will help me be a better parent when the time comes. I’m really happy they have this.”
- High school student in the Parenting Education Program in Schools (P.E.P.S.)