



The Parenting Center

Providing Families the Tools to Succeed



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Parenting Mistakes Aren't Always Mistakes

A few weeks ago, my 4-year-old daughter and I sat side-by-side at a family birthday dinner. As I chatted with a relative, my daughter began to pull on my sleeve, trying to interrupt and get my attention. I pretended not to notice, not wanting to give her my attention for impolite behavior, and carried on the conversation, but she was not to be ignored. [\(Read More...\)](#)

The Parenting Center Introduces Online Tool to Strengthen Co-Parenting Relationships

Research shows us that children whose parents do a reasonably good job managing the stress of a divorce do not develop serious behavioral or emotional problems.

Unfortunately though, most parents find it a challenge to maintain a "good" divorce, and one of the toughest obstacles is managing hectic, stressful schedules, and coordinating valued visitation time.

In response to this problem, The Parenting Center has adopted Our Family Wizard, an online software that helps facilitate discussion and ease tension among

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[Click here to buy from Amazon](#)

Part of your purchasing price is donated to The Parenting Center.

The Parenting Advice Line

Finding it difficult to communicate with your distant teenager? Feeling like an outsider in your step-family?

Call the **FREE**, confidential PAL Line at **817-332-6399** for parenting advice.

Monday - Friday 12:00 - 3:00 p.m.

divorced couples via a shared communication platform. The tool includes access to private and shared family calendars that allow parents to record activities, trade days; post protected messages; add notifications and reminders about important dates or plans; includes a family journal; an expense log; and an info bank to share health records, emergency contact information and much more. The Parenting Center's Family Transitions Program Manager can oversee every action and make recommendations for the parents.

This tool empowers parents to resolve conflict themselves resulting in fewer court appearances and better structure for their children. An Our Family Wizard subscription is \$99 per parent per year. To learn more or to get started, go to

www.theparentingcenter.org/ourfamilywizard. For every parent who uses this link, The Parenting Center will receive a share of the costs, allowing the agency to provide scholarships to clients who need financial assistance for these classes and services.

Our Family Wizard, based in Minneapolis, MN, provides the best possible schedule management tools for parents in divorced and separate households to allow them to communicate more effectively. Judges in nearly all 50 states and three Canadian Provinces have required parents in high-tension divorces to utilize the site to help reduce conflict and move costly cases out of the courts.

Parenting 101:

According to the Youth Risk Behavior Surveillance System from the Centers for Disease Control and Prevention, 16% of American high school students were electronically bullied in 2011. Parents, neighbors and friends can help put a stop to cyber bullying, and it starts by [knowing the signs](#).

The King Foundation Awards Grant to Counsel Abused & Neglected Children

The Parenting Center is pleased to announce that the Carl B. & Florence E. King Foundation has awarded a \$20,000 grant to support the agency's counseling program for low income children who have been abused or neglected. This investment will help bridge the gap between the amount that The Parenting Center receives to provide counseling to these children, and the cost to offer this valuable service. It will help provide approximately 250 counseling sessions to low income children who suffer from abuse or neglect.

In 2011, 5,888 children were confirmed as victims of child abuse and neglect in Tarrant County (DFPS, 2011). Shockingly, this is the second highest number of child abuse victims in the entire state of Texas. Low income families are the least able to afford counseling for their children, yet these children are disproportionately affected by child abuse and neglect; families with lower incomes are more likely to live in high-risk neighborhoods, have greater financial stress and have the least access to prevention and intervention based programs like counseling (Children's Bureau. 2003).

The Parenting Center offers one of the few counseling programs in Tarrant County that low income individuals can afford. Play Therapy, an evidence based method that allows children to express their emotions and feelings and relate their experiences through play, is the most common technique that The Parenting Center uses to treat abused and neglected children. The counseling this program provides for abused and neglected children is crucial to improve their chances of overcoming devastating consequences and growing up to be a healthy, happy adult.

About the Carl B. & Florence E. King Foundation

The Carl B. & Florence E. King Foundation is a private foundation located in Dallas, Texas. Inspired by the lives of Carl B. and Florence E. King, the foundation is committed to the betterment of individuals, communities, and society through informed, philanthropic giving. Learn more about the foundation at www.KingFoundation.com.

Featured Parenting Classes



Conflict Resolution

Learn that conflict is part of a normal, healthy relationship at home or work. Discuss rules for fighting. Discover ways to resolve conflicts by building agreements collaboratively.

Thursday, January 24
6:30 - 8:30 p.m.

Strengthening Stepfamilies

Decipher the myriad of family roles and learn effective ways to improve your step-parenting skills. Discover how to improve communication among stepfamily members and manage conflicts.



Wednesday, February 27
6:30 - 8:30 p.m.