



**Service Guide
April - June
2016**



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Techniques for positive parenting while sharing custody of children.

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Positive parenting workshops offered in community locations.

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Certificate
of
Completion

FREE
Workshop

To register for classes, or find more detail for classes, go to
theparentingcenter.org/events-reg/
or call 817-332-6348 (se habla Español)

General Parenting Workshops

Parenting Workshops

S.T.E.P.® (Systematic Training for Effective Parenting) Package Plan:

Register & pay in advance for the 7 topics together for \$120
(7 classes for the price of 6!)

Each additional household member is \$5.

WORKSHOP TITLE	DAY	DATE	TIME	LOCATION	COST <small>in advance/at door</small>
Building Self-Esteem	Wednesday	April 6	6:30-8:30 p.m.	TPC (The Parenting Center)	\$20/\$30
Improving Communication	Wednesday	April 13	6:30-8:30 p.m.	TPC	\$20/\$30
Developing Responsible Children	Wednesday	April 20	6:30-8:30 p.m.	TPC	\$20/\$30
Positive Discipline	Wednesday	April 27	6:30-8:30 p.m.	TPC	\$20/\$30
Making Rules & Enforcing Consequences	Wednesday	May 4	6:30-8:30 p.m.	TPC	\$20/\$30
Parenting Styles	Tuesday	May 10	6:30-8:30 p.m.	TPC	\$20/\$30
Birth Order	Tuesday	May 17	6:30-8:30 p.m.	TPC	\$20/\$30
Building Self-Esteem	Tuesday	May 24	6:30-8:30 p.m.	TPC	\$20/\$30
Improving Communication	Tuesday	May 31	6:30-8:30 p.m.	TPC	\$20/\$30
Developing Responsible Children	Tuesday	June 7	6:30-8:30 p.m.	TPC	\$20/\$30
Positive Discipline	Tuesday	June 14	6:30-8:30 p.m.	TPC	\$20/\$30
Making Rules & Enforcing Consequences	Tuesday	June 21	6:30-8:30 p.m.	TPC	\$20/\$30

Special Topics

WORKSHOP TITLE	DAY	DATE	TIME	LOCATION	COST <small>in advance/at door</small>
Recognizing and Reporting Child Abuse CEUs Available	Tuesday	April 5	6:30-8:30 p.m.	TPC (The Parenting Center)	FREE
Communicating with Your Teen	Wednesday	May 11	6:30-8:30 p.m.	TPC	\$20/\$30
Discipline and Your Teen	Wednesday	May 18	6:30-8:30 p.m.	TPC	\$20/\$30
Strengthening Stepfamilies	Wednesday	June 22	6:30-8:30 p.m.	TPC	\$20/\$30

PATH Workshops

Workshops for parents of children with special needs.

WORKSHOP TITLE	DAY	DATE	TIME	LOCATION	COST <small>in advance/at door</small>
Texas Autism Supplement	Thursday	April 14	6:30-8:30 p.m.	TPC (The Parenting Center)	FREE
ARD Process - Learn about Admission Review & Dismissal for Special Education	Thursday	May 19	6:30-8:30 p.m.	TPC	FREE
Human Socialization Skills- Successful Socialization and Inclusion for Children with Disabilities	Thursday	June 16	6:30-8:30 p.m.	TPC	FREE

Clases en Español

NOMBRE DE LA CLASE	DIA	FECHA	HORA	LUGAR	PRECIO
Mejorando La Comunicación	miércoles	13 de abril	6:30-8:30 p.m.	The Parenting Center	\$20/\$30
Haciendo Reglas E Implementando Las Consecuencias	miércoles	4 de mayo	6:30-8:30 p.m.	The Parenting Center	\$20/\$30
Disciplina Positiva	miércoles	15 de junio	6:30-8:30 p.m.	The Parenting Center	\$20/\$30

Online Workshops

WORKSHOP TITLE	COST
Beyond Chore Charts: Raising Responsible Children	\$20
Managing Temper Tantrums	\$20
Understanding Rules & Consequences	\$20
The Birds & The Bees Before Grade 3	\$20
Communicating With Your Teen	\$20

Self-paced classes. To register, go to www.theparentingcenter.org

Co-Parenting Workshops

WORKSHOP TITLE	DAY	DATE	TIME	LOCATION	COST <small>in advance/at door</small>
Kids First	Saturday	April 2	9:00 a.m.-1:00 p.m.	TPC (The Parenting Center)	\$40/\$50
Kids First	Saturday	April 23	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Kids First	Saturday	May 14	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Kids First	Saturday	May 21	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Kids First	Saturday	June 18	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Kids First	Saturday	June 25	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Co-Parenting Essentials	Friday	April 8	9:00 am- 1:00pm.	TPC	\$40/\$50
Co-Parenting Essentials	Saturday	April 30	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Co-Parenting Essentials	Friday	May 13	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Co-Parenting Essentials	Saturday	May 28	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Co-Parenting Essentials Must attend both nights to earn certificate	Wed/Thurs	June 8 & June 9	6:30pm - 8:30pm each night	TPC	\$40/\$50
Co-Parenting Essentials	Friday	June 24	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50

Community Workshops

WORKSHOP TITLE	DAY	DATE	TIME	LOCATION	COST
Helping Children Deal with Stress & Testing	Saturday	April 2	11:00- 12:00 p.m.	Fort Worth East Regional 6301 Bridge St. Fort Worth, TX 76112	FREE
Baby, Let's Read	Friday	April 8	10:15-11:15 a.m.	"Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132	FREE
Compassion Fatigue	Tuesday	April 12	6:30 - 8:00 p.m.	Register at TCU Extended Ed. Website . CEUs Available	\$52.00
Praising Children & Their Behavior	Thursday	April 14	6:30 - 8:30 p.m.	Cook Children's Medical Ctr. 801 7th Ave., Fort Worth, 76104 Family Support Meeting Center B	FREE
Time to Potty	Tuesday	April 19	6:30-8:30 p.m.	"Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132	FREE
Ages & Stages of infants & Toddlers	Thursday	May 12	6:30 - 8:30 p.m.	Cook Children's Medical Ctr. 801 7th Ave., Fort Worth, 76104 Family Support Meeting Center B	FREE
Baby, Let's Read	Friday	May 13	10:15-11:15 a.m.	"Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132	FREE
Discipline for Young Children	Tuesday	May 17	6:30 - 8:00 p.m.	"Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132	FREE
Positive Discipline	Tuesday	June 7	6:30 - 7:30 p.m.	Celebration Party and Event Center 5950 Park Vista Circle, Suite 140. Keller, TX 76244 Register at celebratekeller.org	\$10.00
Children & Play	Thursday	June 9	6:30 - 8:30 p.m.	Cook Children's Medical Ctr. 801 7th Ave., Fort Worth, 76104 Family Support Meeting Center B	FREE
Baby, Let's Read	Friday	June 10	10:15-11:15am	"Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132	FREE
Managing Temper Tantrums	Tuesday	June 21	6:30 -8:00 p.m.	"Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132	FREE

Professional Development

NEW! Ethics Training 3 CEUs Provided
"Avoiding the Slippery Slope- Helping You Steer Clear of Risky Behaviors"

April 8th
9am - 12pm

Reserve your seat at the table, to benefit from the observations and experience of a mental health professional, who has practiced for over 30 years and who currently *serves on the LPC Board*. Kimberly Hatley M.Ed. LPC-S, LMFT, provides ethical practice administration consultation and training to mental health professionals, reducing fears and increasing confidence. Ms. Hatley's roles in professional association leadership can benefit your practice of the profession you love, reducing your liability, by sharing "best practice" behaviors that help you manage daily risks with your clients and your license.



Training Location:
Fort Worth Public Library
500 W 3rd Street
Fort Worth, TX 76102

CEUs offered for LPC, LMFT, LCSW

Register Online at : www.tssnt.org or
Contact Theresa Patrick at theresa@tssnt.org or 469-236-2574

Other Services

Counseling

Providing Services for Individuals, Families, Couples, and Children (Play Therapy)
Call 817-332-6348 Schedule an Appointment



New! - Children's Play Therapy Coupled with FREE Triple P Training for Parents!

The Triple P – Positive Parenting Program takes the guesswork out of parenting. It gives parents simple tips to help manage the big and small problems of family life such as tantrums, bedtime battles, aggression, and more!

Space is Limited. Please Call to Sign Up Today!

Coping with Stress and Anxiety

Saturdays

April **2nd** thru May **21st**
(8 weeks)

For ages 6-8 - 11 a.m.-12 p.m.
For ages 9-11 - 12 p.m.-1 p.m.
\$10 per session

Coping with Symptoms of ADHD and Anger Management

Saturdays

June **11th** thru August **6th**
(8 weeks)

For 5 year olds - 11 a.m.-12 p.m.
For ages 6-8 - 12 p.m.-1 p.m.
\$10 per session

Coping with Symptoms of ADHD and Anger Management

Tuesdays

June **7th** thru July **26th**
(8 weeks)

For 5 year olds - 10 a.m.-11 a.m.
For ages 6-8 - 11 a.m.-12 p.m.
\$10 per session

Adult Anger Management Group

May 17 - June 21 | June 28 - August 2 | August 9 - September 13
Tuesdays, **6:30-8:30** p.m.

**must attend all six meetings for completion & certificate*
Some health insurance plans are accepted.

Self-pay individuals: **\$20** in advance per person, per week or **\$30** at the door per person, per week.
MUST call 817-332-6348 for intake & registration.

Marriage and Relationship Enrichment

One of the best things you can do for your children's well-being is to invest in your marriage or relationship. The Empowering Families Project is a **FREE** 8-week series that gives you tools for communication, parenting, and finances.

Call Today! English: 817-632-5529 | Spanish: 817-632-5539

Funding for this project was provided by the United States Department of Health and Human Services, Administration for Children and Families, Grant: 90FM0073.
These services are available to all eligible persons, regardless of race, gender, age, disability, or religion.

H.E.A.L. Program

Home Visiting, Education, and Leadership

H.E.A.L. is a **FREE**, 18-week in-home, family-strengthening program that utilizes a curriculum called SafeCare. Parents learn helpful skills that aid in managing children's misbehavior as well as understand many beneficial ways of problem solving and communication. Skills training include child behavior management techniques, planned activities training, how to create healthy parent-child interactions, and child health care education.

Participants who complete the full 18 week program receive a Certificate of Completion

Participants receive incentives such as Home Safety Kits, Thermometers, Behavior Charts, MyFoodPlate, Toothbrushes, and Gift Cards upon completion.

Evening Home Visits are Available on Limited Basis

For More Information Please Contact
Program Director, Bliss Coulter at 817-632-5522 or
BCoulter@theparentingcenter.org

Para información en español favor de llamar al 817-632-5532

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**Check Out Our
New Triple P
Training for Parents!**

**theparentingcenter.org
817-332-6348**

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theparentingcenter.org/
news-media/newsletter/

newsletter

Call our FREE Parenting Advice Line

**Monday - Friday, 12:00 - 3:00 p.m.
817-332-6399**

**Or submit your questions online at:
theparentingcenter.org/PAL**

Workshop Rules for All Programs

- Only adult participants may attend workshops, children are not allowed.
 - Child care is NOT available.
- Payments are non-refundable, but may be transferable to another date.
- Prepayment and registration is required. To register, go to theparentingcenter.org or call 817-332-6348 (se habla Español).
- Certificates will be issued after the class is completed and full payment is received.
- The Parenting Center reserves the right to cancel any workshop for lack of registrants. Every effort will be made to provide sufficient cancellation notice to participants.
- Please arrive 15 minutes before class begins for registration. Late admissions will not be allowed.

Reglas del Taller

- Guardería no estará disponible y los niños no están permitidos en clase.
- Se dará un certificado al final del programa.
- Presentarse 15 minutos antes del inicio del programa.
- Para evitar distracciones, no se permitirá la entrada después del inicio de la clase.
- No hay reembolso del pago.