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FOR IMMEDIATE RELEASE:

**City Life Center Hosts Inaugural 5K to Celebrate One Year,
Proceeds Benefit The Parenting Center**

September 6, 2012, Fort Worth, TX – City Life Center’s Inaugural Momentum 5K and the Free Kid’s 1K Fun Run will be held on Saturday, September 29th on the Trinity Trails across from The Panther Island Pavilion, 900 Franklin Street, in Fort Worth.

City Life Center is hosting this event in celebration of the one year anniversary of their grand opening, and designating all of their proceeds to benefit The Parenting Center, a Fort Worth nonprofit with a mission of providing families the tools to succeed. "City Life Center is a church who truly loves her community, so as we were planning our first 5K run, it only seemed natural for us to donate the proceeds to a local organization that is fighting for the relational health of families in our city. The Parenting Center is an impressive organization with whom we are proud to partner," states Tim Woody, City Life Center’s Senior Pastor.

Momentum 5K is a fun, family-friendly run/walk and a great way to support the children and families that The Parenting Center serves. Team and individual registration is still open, and several sponsorship opportunities are available. The Free Kids 1K Fun Run begins at 7:45 am; the 5K Run/Walk (3.1 miles) begins at 8:00 am. Race day registration begins at 6:30 am at the race site. The cost for an individual to participate in the 5K and receive a t-shirt is \$20 in advance and \$22 at the registration site. Visit <http://momentum5k.athlete360.com/> to register and learn more about this fundraising event.

City Life Center is a vibrant new church in downtown Fort Worth, located off Henderson between the Burnett Plaza and Upper West Side. The church is non-denominational, bible based, and Jesus focused. City Life Center’s core values – substance, marketplace, covenant relationships and legacy – guide the entire congregation, making it a unique place to experience God and His people. For more information on City Life Center, visit www.citylifecenter.org.

The Parenting Center, a registered 501(c)(3) nonprofit organization with a mission of providing families the tools to succeed, served 14,222 unduplicated individuals through its co-parenting, counseling, family life education, and case management services in 2011. Since its founding over 37 years ago, the agency’s purpose is to prevent child abuse and serve as a resource center when abuse does occur. For more information on The Parenting Center, visit www.theparentingcenter.org.

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