



2928 West 5th St
 Fort Worth, TX 76107
 817-332-6348
 theparentingcenter.org

Individual Workshops

Certificates of Completion provided

S.T.E.P. Package Plan

- Parenting Styles
- Birth Order
- Building Self-Esteem
- Improving Communication
- Developing Responsible Children
- Positive Discipline
- Making Rules & Enforcing Consequences

Register and pay in advance for these 7 classes together for \$120 (7 classes for the price of 6!)

NOVEMBER

Parenting Styles

Wednesday, Nov 6 • 6:30 - 8:30 p.m.

Birth Order

Wednesday, Nov 13 • 6:30 - 8:30 p.m.

Building Self-Esteem

Wednesday, Nov 20 • 6:30 - 8:30 p.m.

Desarrollando Niños

Responsables - Español

jueves, 21 de noviembre • 6:30 - 8:30 p.m.

Looking for more information about the classes? Go to:
theparentingcenter.org/calendar

DECEMBER

Improving Communication

Wednesday, Dec 4 • 6:30 - 8:30 p.m.

Developing Responsible Children

Wednesday, Dec 11 • 6:30 - 8:30 p.m.

Haciendo Reglas E Implementado Consecuencias - Español

jueves, 12 de diciembre • 6:30 - 8:30 p.m.

Positive Discipline

Wednesday, Dec 18 • 6:30 - 8:30 p.m.

Series Class

Certificates of Completion provided

Nurturing Parenting Series

This internationally used, evidence-based program provides families with the skills to understand expectations, discipline effectively, and increase the overall relationship satisfaction between parent and child. Join us for our next series.

Will start again in January 2014!

Pre-register: **\$245; \$80**/additional household member

Regular fee: **\$355; \$80**/additional household member

Weekly payment plans are available.

Workbook and assessments are included.

Do you have children between the ages of **5** and **11** years old? Children can participate in Nurturing Parenting Kids during the adult class. We work on the same family skills but at the child's level.

Children's fee: **\$5** per family per week

Strengthening Step-Families

Thursday, Nov 14 • 6:30-8:30 p.m.

Single Parent Survival

Thursday, Dec 19 • 6:30-8:30 p.m.

The Love & Logic Approach to Parenting the Child with ADD/ADHD

Certificates of Completion available

Join us for a **FREE** community class at The Parenting Center to learn more about Raising children with ADD/ADHD

Monday, Nov 4 • 6:30 - 8:30 p.m.

Call our FREE

Parenting Advice Line

Monday - Friday, 12:00 - 3:00 p.m.

817-332-6399

Or submit your question online at:
theparentingcenter.org/PAL

Pre-registration is required for all classes at www.theparentingcenter.org or 817-332-6348 (se habla Español).

Pricing:

Pre-register: **\$20** per person; **\$5**/additional household member

At Door: **\$30** per person; **\$5**/additional household member

Series classes pricing is different. **PAYMENTS ARE NON-REFUNDABLE.** Childcare is not available.

Please arrive **15** minutes before class begins for check-in. To avoid disruption, admission is not allowed after class begins.



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Online Self-Paced Parenting Classes *Certificates of Completion provided*

Online self-paced parenting classes are the perfect resource for the busy parent. Enjoy the opportunity to complete a course at your leisure — anytime, day or night! To register, go to www.theparentingcenter.org. Self-paced courses are **\$20** each. Certificates of Completion can be printed after successful completion of the course.

NEW! Managing Temper Tantrums

Temper tantrums can wear any parent down. Learn how to decrease this unwanted behavior that is common in the toddler and preschool years.

The Birds & The Bees Before Grade Three

Discover how to answer questions, teach healthy boundaries, and protect your child while building family values and creating a safe place to ask important questions in the future.

Understanding Rules and Consequences

Every family needs good rules to function. Identify common mistakes in rule making, learn the Four Rules of Rule Making, and much more!

Communicating With Your Teen

Do you feel like you and your teen are speaking different languages? Learn more about your teen and how you can improve communication to build understanding and respect.

Options and Opportunities at TPC :

Private Workshops

Workshop doesn't fit your schedule? We offer classes in a one-on-one setting with a parenting expert! **\$60** per workshop. Call **817-632-5521** for more information and to schedule a class.

Need a class at YOUR location?

The Parenting Center can bring classes to YOUR school, church, or company. There are many topics to choose from and classes can be taught for parents or professionals.

CEUs provided. Contact us for pricing! **817-632-5521**

Scholarships Available

Scholarships and payment plans are available on a limited basis, depending on family income and class registration. To apply, call **817-332-6348** and ask for an application for class fee reduction or a payment plan.

Interested in Volunteering?

Go to www.theparentingcenter.org/Get-Involved or contact MKuykendall@theparentingcenter.org for more information

FREE! Empowering Families! Log on NOW to Reserve a FREE Spot!

Single? Dating? Engaged? Married?

Need skills to select a safe & healthy relationship or to help your relationship last?

Need support to help with life's struggles?

Our new, FREE Empowering Families Project can help you and your family!

The Empowering Families Project:

Is voluntary for all participants and completely **FREE**

Is designed to increase the success and stability of families through the promotion of healthy relationships, communication, and economic stability

Has workshops to qualify engaged participants for a **\$60 discount** on their marriage license

Has workshops for singles and married couples

Workshops now available on Saturdays OR Sundays!

For more information call **817-632-5529** or read more at www.TheParentingCenter.org.

Para información en español favor de llamar al **817-632-5535**.

Don't Wait: Communication Issues, Finances, and Children are Strong Contributors to Divorce and Separation

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Family Transitions Workshops

Certificates of Completion provided

See below for pricing

Remember:
Children in the Middle
is also called...
Co-Parenting Essentials

Co-Parenting Essentials

This evidence based class is designed to help prevent problems resulting from divorce and to keep children out of conflict. It focuses on issues related to communication, managing emotions, and accepting personal responsibility.

Wednesday, Nov 6 · 1:00 - 5:00 p.m.
Saturday, Nov 16 · 9:00 a.m. - 1:00 p.m.
Saturday, Dec 14 · 9:00 a.m. - 1:00 p.m.

Fee: **\$40** per person
Pre-Payment is Required
\$50 per person at the door

Please arrive **15** minutes before class begins for registration.
To avoid disruption, admission is **NOT** allowed after class begins.

Kids First

This workshop is designed to help adults explore how children perceive divorce and litigation. It focuses on the emotional issues adults and children experience in the litigation process and provides practical methods to deal with them in an ongoing co-parenting relationship.

Saturday, Nov 2 · 9:00 a.m. - 1:00 p.m.
Saturday, Nov 9 · 9:00 a.m. - 1:00 p.m.
Saturday, Dec 7 · 9:00 a.m. - 1:00 p.m.

Fee: **\$40** per person
Pre-Payment is Required
\$50 per person at the door

*The Parenting Center provides counseling to individuals, couples, families and children.
To schedule an appointment, call 817-332-6348.
Most insurance & Medicaid plans accepted for counseling.*

Adult Anger Management

Six Week Group

Identify anger management principles and learn the difference between positive and negative feelings.

Monday, Nov 5 - Dec 10 · 6:30 - 8:30 p.m.
The group meets once a week for six weeks.

Call **817-332-6348** to register

Fee: **\$120** for the six-week series
Some health insurances accepted
Pre-Payment is Required
Payment Plans are Available

Workshop Rules for All Programs

- In order to provide an optimal learning environment, please assist us by ensuring only adult participants attend workshops. No child care is available.
- Payments are non-refundable, but may be transferrable.
- Pre-payment is required.
- Certificates will be issued after completion of class and full payment is received.
- The Parenting Center reserves the right to cancel any workshop for lack of registrants. Every effort will be made to provide sufficient cancellation notice to participants.
- Please arrive 15 minutes before class begins for registration.
- Late admissions will not be allowed.

Living Apart Working Together

These intensive one-on-one sessions will teach co-parents enhanced communication skills to help reduce tension and stress.

Learn how to resolve conflict and work together for the well-being of the child. Both parents are required to attend together.

*Pre-requisites for this session are
Co-Parenting Essentials & Kids First
\$55 per person per session. Minimum of three sessions.

Limited Availability. For more information about scheduling a one-on-one session contact

The Parenting Center at **817-332-6348**



2928 West 5th Street
Fort Worth, Texas 76107-2291

Address Service Requested

Non-Profit Org.
U.S. Postage
PAID
Permit No. 1133
Fort Worth, Texas

November/December Calendar of Classes

Texas Association for
Parent Education
2013 Best Practices
Award Winner

Fort Worth
theparentingcenter.org
817-332-6348

FREE Community Workshops *Please register on our website*

Fort Worth Public Library
Bullying
The Four Types & The Four Players

Cook Children's Medical Center
801 7th Avenue, Main Building, Fort Worth 76104
Certificates of Completion are available

Southwest Regional
Wednesday, Nov. 6 • 10:00 - 11:00 a.m.

East Regional
Monday, Nov. 18 • 6:30-7:30 p.m.

For each library address and more information,
please go to Calendar on our website:
theparentingcenter.org

Praising Children and Their Behavior
Thursday, Nov. 14 • 6:30 - 8:30 p.m.
Location: Family Support Meeting Center (Main
Floor)

Parenting the Child with Special Needs
Thursday, Dec. 12 • 6:30 - 8:30 p.m.
Location: Family Support Meeting Center
(Main Floor)

