



Service Guide

April-June 2015



General Parenting Workshops pp. 2&3

Strategies for learning positive parenting skills.

Co-Parenting Workshops p. 3

Techniques for positive parenting while sharing custody children.

Community Workshops p. 4

Positive parenting workshops offered in community locations.

Other Services p. 5


Certificate
of
Completion

FREE
Workshop

To register for classes, or find more detail for classes, go to
theparentingcenter.org/events-reg/
or call **817-332-6348** (se habla Español)












General Parenting Workshops

Workshop Series

WORKSHOP TITLE	DAY	DATE	TIME	LOCATION	COST <small>in advance/at door</small>
 Nurturing Parenting® This internationally used, interactive, evidence-based program covers the importance of empathy, discipline and other skills to enhance family relationships. Children ages 5-11 can participate in “Nurturing Parenting Kids”	Thursdays	April 2- June 11 (11 weeks)	6:30-8:30 p.m.	TPC (The Parenting Center)	\$245/\$355 \$80 to bring additional household member \$5 children's fee per family per week (ages 5-11)







Parenting Workshops

S.T.E.P.® Package Plan
(Systematic Training for Effective Parenting):
 Register & pay in advance for the 7 topics together for \$120
 (7 classes for the price of 6!)
 Each additional household member is \$5.

WORKSHOP TITLE	DAY	DATE	TIME	LOCATION	COST <small>in advance/at door</small>
 Positive Discipline	Wednesday	April 1	6:30-8:30 p.m.	TPC (The Parenting Center)	\$20/\$30
 Making Rules & Enforcing Consequences	Wednesday	April 8	6:30-8:30 p.m.	TPC	\$20/\$30
 Parenting Styles	Wednesday	April 15	6:30-8:30 p.m.	TPC	\$20/\$30
 Birth Order	Wednesday	April 22	6:30-8:30 p.m.	TPC	\$20/\$30
 Building Self-Esteem	Wednesday	April 29	6:30-8:30 p.m.	TPC	\$20/\$30
 Improving Communication	Wednesday	May 6	6:30-8:30 p.m.	TPC	\$20/\$30
 Developing Responsible Children	Wednesday	May 13	6:30-8:30 p.m.	TPC	\$20/\$30
 Positive Discipline	Wednesday	May 20	6:30-8:30 p.m.	TPC	\$20/\$30
 Making Rules & Enforcing Consequences	Wednesday	May 27	6:30-8:30 p.m.	TPC	\$20/\$30
 Parenting Styles	Wednesday	June 10	6:30-8:30 p.m.	TPC	\$20/\$30
 Birth Order	Wednesday	June 17	6:30-8:30 p.m.	TPC	\$20/\$30
 Building Self-Esteem	Wednesday	June 24	6:30-8:30 p.m.	TPC	\$20/\$30

PATH Workshops

Workshops for parents of children with special needs.

WORKSHOP TITLE	DAY	DATE	TIME	LOCATION	COST <small>in advance/at door</small>
  Positive Behavior Intervention	Thursday	April 16	6:30-8:30 p.m.	TPC	FREE
  Understanding Related Services for Children with Disabilities	Thursday	May 21	6:30-8:30 p.m.	TPC	FREE
  Creative Parenting for Parenting a Child with Disabilities	Thursday	June 18	6:30-8:30 p.m.	TPC	FREE

Clases en Español

NOMBRE DE LA CLASE	DIA		HORA	LUGAR	PRECIO
Comó manejar el estrés	lunes	6 de abril	10:15-11:15 a.m.	Ridglea Branch Library, 3628 Anderson Dr., Fort Worth, 76116	GRATIS
Maneras de construir su propio auto estima	miércoles	29 de abril	6:30-8:30 p.m.	The Parenting Center	\$20/\$30
Disciplinar sin pegar	miércoles	6 de mayo	10:15 a.m.-12:15 p.m.	Meadowbrook UMC, 3900 Meadowbrook, Fort Worth 76103	GRATIS
Disciplinar sin pegar	jueves	7 de mayo	10:15 a.m.-12:15 p.m.	RD Evans Community Ctr., 3242 Lackland Blvd., Fort Worth, 76116	GRATIS
Haciendo las reglas & implementando las consecuencias	miércoles	27 de mayo	6:30-8:30 p.m.	The Parenting Center	\$20/\$30
Estilos de Ser Padre	miércoles	10 de junio	6:30-8:30 p.m.	The Parenting Center	\$20/\$30
Comó comunicarnos con respeto	lunes	15 de junio	6:30-7:30 p.m.	Worth Heights Community, 3551 New York Ave., Fort Worth, 76110	GRATIS
Comó comunicarnos con respeto	jueves	25 de junio	6:30-7:30 p.m.	North-Tri Ethnic Community, 2950 Roosevelt Ave., Fort Worth, 76106	GRATIS

Online Workshops

WORKSHOP TITLE	COST
Beyond Chores & Charts: Raising Responsible Children	Self-paced classes. To register, go to www.theparentingcenter.org
Managing Temper Tantrums	\$20
Understanding Rules & Consequences	\$20
The Birds & The Bees Before Grade 3	\$20
Communicating With Your Teen	\$20

Co-Parenting Workshops

WORKSHOP TITLE	DAY	DATE	TIME	LOCATION	COST <small>in advance/at door</small>
Kids First	Saturday	April 4	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Co-Parenting Essentials	Saturday	April 11	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Co-Parenting Essentials	Friday	April 24	1:00-5:00 p.m.	TPC	\$40/\$50
Kids First	Saturday	April 25	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Co-Parenting Essentials	Saturday	May 2	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Kids First	Saturday	May 9	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Co-Parenting Essentials	Tuesday	May 12	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Kids First	Saturday	May 30	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Co-Parenting Essentials (2-part class)	Monday & Tuesday	June 1 & June 2	6:30-8:30 p.m.	TPC	\$40/\$50
Kids First	Saturday	June 13	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Co-Parenting Essentials	Saturday	June 20	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50
Kids First	Saturday	June 27	9:00 a.m.-1:00 p.m.	TPC	\$40/\$50

Community Workshops

WORKSHOP TITLE	DAY	DATE	TIME	LOCATION	COST
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 Parenting the Strong-Willed Child	Tuesday	April 7	6:30-8:30 p.m.	TCU – for location & registration: http://bit.ly/18qz1Xh	\$49
  Preschoolers' Fears & Fantasies	Thursday	April 9	6:30-8:30 p.m.	Cook Children's Medical Ctr. (CCMC), 801 7th Ave., Fort Worth, 76104 – Family Support Meeting Center B	FREE
 Baby, Let's Read	Friday	April 10	10:15-11:15 a.m.	"Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132	FREE + free book!
  Time to Potty	Tuesday	April 21	6:30-7:30 p.m.	"Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132	FREE
 Parenting the Child with Special Needs	Saturday	May 2	1:00-3:00 p.m.	Josey Ranch Library, 1700 Keller Springs Rd., Carrollton, 75006	FREE
 Baby, Let's Read	Friday	May 8	10:15-11:15 a.m.	"Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132	FREE + free book!
  Ages & Stages of Infants & Toddlers	Thursday	May 14	6:30-8:30 p.m.	CCMC, 801 7th Ave., Fort Worth, 76104 – Fam. Support Mtg. Center B	FREE
 Baby, Let's Read	Saturday	May 16	10:30-11:30 a.m.	South Irving Library, 601 Shulze Rd., Irving, 75060	FREE + free book!
 Single Parent Survival	Saturday	May 16	1:00-3:00 p.m.	Josey Ranch Library, 1700 Keller Springs Rd., Carrollton, 75006	FREE
  Parenting 101	Tuesday	May 19	6:30-7:30 p.m.	"Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132	FREE
 BILINGUAL: Bullying/ Intimidacion o Abuso de un Menor hacia Otro	Tuesday/ martes	June 9/ 9 de junio	1:00-3:00 p.m.	Josey Ranch Library, 1700 Keller Springs Rd., Carrollton, 75006	FREE/ GRATIS
  Understanding Your Child's Temperament	Thursday	June 11	6:30-8:30 p.m.	CCMC, 801 7th Ave., Fort Worth, 76104 – Fam. Support Mtg. Center B	FREE
 Baby, Let's Read	Friday	June 12	10:15-11:15 a.m.	"Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132	FREE + free book!
 Baby, Let's Read (Age 2-4)	Saturday	June 13	11:00 a.m.-12:00 pm	Briscoe Elementary School Library, 2751 Yuma Ave., Fort Worth, 76104	FREE + free book!
 Taming Toddlers	Saturday	June 13	1:00-3:00 p.m.	Josey Ranch Library, 1700 Keller Springs Rd., Carrollton, 75006	FREE
 BILINGUAL: Parenting Styles/ Estilos de Ser Padre	Tuesday/ martes	June 16/ 16 de junio	1:00-3:00 p.m.	Josey Ranch Library, 1700 Keller Springs Rd., Carrollton, 75006	FREE/ GRATIS
  From Bottles to Blocks	Tuesday	June 16	6:30-7:30 p.m.	"Babies R Us", 5800 Overton Ridge Blvd., Fort Worth, 76132	FREE
 Baby, Let's Read	Saturday	June 20	11:00 a.m.-12:00 pm	Briscoe Elementary School Library, 2751 Yuma Ave., Fort Worth, 76104	FREE + free book!
 BILINGUAL: Building Self-Esteem/ Maneras de Construir su Propio Auto Estima	Tuesday/ martes	June 23/ 23 de junio	1:00-3:00 p.m.	Josey Ranch Library, 1700 Keller Springs Rd., Carrollton, 75006	FREE/ GRATIS
 Children and Play	Saturday	June 27	1:00-3:00 p.m.	Josey Ranch Library, 1700 Keller Springs Rd., Carrollton, 75006	FREE
 BILINGUAL: Improving Communication/ Mejoran de la Comunicación	Tuesday/ martes	June 30/ 30 de junio	1:00-3:00 p.m.	Josey Ranch Library, 1700 Keller Springs Rd., Carrollton, 75006	FREE/ GRATIS

Other Services

Counseling

**Addressing all types of problems through play therapy,
family therapy, individual, and couples counseling.**

Children's Group Play Therapy

Participants will explore feelings and be able to develop ways of dealing with emotions, and initiate appropriate social interaction.

Coping with Stress & Anxiety

Saturdays, March **7**- April **25** (8 weeks)

11 a.m.-**12** p.m. for ages **6-8**

12 p.m.-**1** p.m. for ages **9-11**

\$10 a session.

Adult Anger Management Group

March **31**-May **5**

May **12**-June **16**

June **23**-July **28**

Tuesdays, **6:30-8:30** p.m.

**must attend all six meetings for completion*

Some health insurance plans are accepted.

Self-pay individuals: **\$20** in advance per person, per week or

\$30 at the door per person, per week.

MUST call 817-332-6348 for intake & registration.

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Empowering Families Project

**FREE Relationship Workshops through
The Empowering Families Project
Single? Dating? Engaged? Married?**

Need skills to help your relationship last?

Engaged participants receive a Twogether in Texas Certificate for a \$60 discount on their marriage license.

Workshops available on Saturdays!

Call **817-632-5529** for information and registration

Para información en español favor de llamar al **817-632-5535**

Don't Wait: Communication issues, finances, and children
are strong contributors to divorce and separation.

Funding for the Empowering Families Project project was provided by US Dept of Health and Human Services, Administration for Children and Families, Grant: 90FM0031. Any opinions, findings, and conclusions or recommendations expressed in this material are those of the author(s) and do not necessarily reflect the views of the US HHSC, Administration for Children and Families.

H.E.A.L. Program

Home Visiting, Education, and Leadership

NEW!

H.E.A.L. is a free, in home, family-strengthening program that utilizes a curriculum called SafeCare. Skills training includes child behavior management and planned activities training, home safety training, parent training on how to create healthy parent-child interactions, and child health care education.

Incentives such as safety equipment and gift cards may be provided!

Para información en español favor de llamar al 817-632-5524

visit theparentingcenter.org/heal for more information



2928 West 5th Street
Fort Worth, Texas 76107-2291

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Fort Worth, Texas

April-June Service Guide

Texas Association for
Parent Education
2013 Best Practices
Award Winner

theparentingcenter.org
817-332-6348

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news-media/newsletter/](http://theparentingcenter.org/news-media/newsletter/)

newsletter

Call our FREE Parenting Advice Line

Monday – Friday, 12:00 – 3:00 p.m.
817-332-6399

Or submit your questions online at:
theparentingcenter.org/PAL

Workshop Rules for All Programs

- Only adult participants may attend workshops, children are not allowed.
 - Child care is NOT available.
- Payments are non-refundable, but may be transferrable to another date.
- Pre-payment and registration is required. To register, go to www.theparentingcenter.org or call 817-332-6348 (se habla Español).
- Certificates will be issued after the class is completed and full payment is received.
- The Parenting Center reserves the right to cancel any workshop for lack of registrants. Every effort will be made to provide sufficient cancellation notice to participants.
- Please arrive 15 minutes before class begins for registration. Late admissions will not be allowed.

Reglas del Taller

- Guardaría no estará disponible y los niños no están permitidos en clase.
- Se dará un certificado al final del programa.
- Presentarse 15 minutos antes del inicio del programa.
- Para evitar distracciones, no se permitirá la entrada después del inicio de la clase.
- No hay reembolso del pago.