



Nothing is more important than keeping our children safe and happy. As grandparents, parents, aunts, uncles, teachers, coaches, and neighbors, we're united in our desire to find solutions that will keep the kids we love safe.

This past year, The Parenting Center helped **6,374 children** and their parents and caregivers to heal from abuse and learn to build healthy relationships. Among these 6,374 children are incredible stories of courage, resiliency and most importantly, hope...**HOPE** for a better life...hope to end the harmful cycle of abuse...hope for happiness.

Here are a few examples of this hope in action at The Parenting Center in 2012:

President's Letter

- A mother came to The Parenting Center and wanted to sign up to be a volunteer. This wasn't her first visit to The Parenting Center as she was a recipient of services 12 years ago, and now her family is thriving. As an expression of gratitude, she became a volunteer at The Parenting Center so that she can help other families, who are experiencing similar situations, find happiness.
- A couple expecting their first child came to The Parenting Center for help. The father-to-be grew up in an abusive family and wanted to learn successful parenting strategies so he wouldn't repeat the cycle of abuse. The parents welcomed their first baby into the world at the end of 2012.
- Two children whose parents were in a divorce dispute for eight years came to The Parenting Center for their first visit as a family. The Parenting Center met with the parents for a couple of hours and helped them reach an agreement so the litigation could end and the family could stabilize.

With 6,374 children receiving assistance from The Parenting Center in 2012, each child has his or her own story of the impact The Parenting Center has had on them and their family. We know The Parenting Center is a critical part of the solution when it comes to keeping our kids happy.

It takes all of us working together to prevent child abuse in our community. As you read through the pages of this report, **please think about how you can help The Parenting Center continue to bring hope to the families in our community who need our assistance the most.** Who can you tell about The Parenting Center? What time can you volunteer and what resources can you provide to help increase The Parenting Center's impact in our community? Everyone's contribution, no matter how small, helps make a difference in children's lives and the happiness of their families.

Sincerely,

Beth Reintjes  
2012 Board President

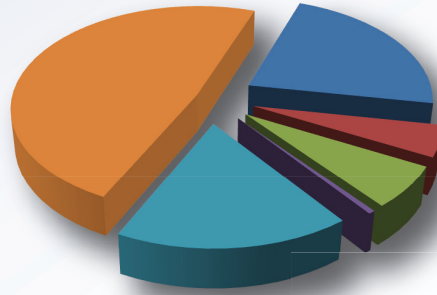
2012 Board of Directors

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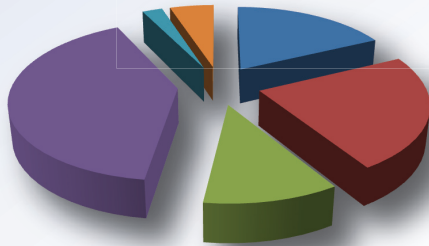
# 2012 Annual Report

## Income

■ Contributions (22%)	\$360,685
■ Special Events Revenue (Net) (5%)	\$78,817
■ United Way (7%)	\$105,494
■ Endowment/Investment Income (1%)	\$8,440
■ Program Service Fees (17%)	\$282,933
■ Government Fees and Grants (48%)	\$781,608
<b>TOTAL</b>	<b>\$1,617,977</b>



## Expenses



■ Management (18%)	\$294,018
■ Counseling (23%)	\$383,760
■ Education (11%)	\$179,766
■ Empowering Families (41%)	\$667,396
■ PEPS (2%)	\$38,121
■ Family Transitions (Co-Parenting) (5%)	\$83,142
<b>TOTAL</b>	<b>\$1,646,203</b>



Financials

Accomplishments

Launched new **online classes** in **webinar** and **self-paced formats** to provide services to those with transportation, time or lack of child care as barriers.

With help from 2012 ToolBox grant funding, initiated a **partnership with UNT** to research The Parenting Center's **long-term impact on family and individual relationships**.  
(findings slated to be published: fall 2013)

Presented the **Empowering Families Project** program model to other nonprofit grantees across the United States at the Federal Administration for Children and Families Annual Conference.



The human capital that volunteers provide is immeasurable. In 2012, volunteers gave more than **4,789 hours** of their time to help accomplish our mission.

The national value of a volunteer's time is worth \$21.91/hour. Therefore, **volunteers saved The Parenting Center \$104,938 in 2012!**

Volunteers

## Corporate Donors

Anna W. & Alexander P. Thornton  
Charitable Trust  
BNSF Railway Foundation  
Carl B. & Florence E. King Foundation  
Carol J. & R. Denny Alexander Foundation  
Community Foundation of North Texas  
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In-N-Out Burger Foundation  
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Fund for Abused Children, Community  
Foundation of North Texas  
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Mrs. Mary Musgrave

## Special Thanks to Our

Dr. Richard W. and Linda G. Newton  
Mrs. Lisa Pylant  
Ms. Jan Ray  
Jane F. Rector  
Carrie Reinert  
David & Beth Reintjes  
Mr. Chuck Reynolds  
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Suzanne M. Stevenson  
Ms. Christi Stinson  
Mrs. Anna Swann  
Marsha R. West  
The Honorable Terri White  
Dr. Britton Wood  
Suzanne, Robert & Katherine Wood

## In Honor & In Memory Of

Mrs. Beth Reintjes *by Jill E. Goff*  
Dr. John D. Wright *by J.R. Kimball  
and Mary Jo Thomas*  
The Hon. Ellen Smith *by  
Bob and Amanda Loeb*  
Dr. Ranae Stetson *by Museum School  
Fort Worth Museum of Science and History*  
Mr. and Mrs. Elzie Odom  
*by Dr. Barbara Odom-Wesley*  
The Hon. Ellen Smith *by John Schrader*  
Sandra Mackey *by Allison Watson*  
Clients and Colleagues  
*by WhitneySmith Company*

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Best Pest Control, Inc.  
Children's Charities of Fort Worth  
Christian Women's Fellowship  
Mr. & Mrs. Andrew Clinton  
Ms. Jana Howell  
Amanda and Kelly Johnson  
Kastner Land Services, LLC

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Mack & Pam Bagby  
*in memory of Homer Robinson  
in honor of Betty Robinson*

Brenda K. Brooks  
Jo Lee Buncic  
Jan M. Burns  
Bonnie Cabico *in memory of  
Cecily Strohe Morgan*  
Dudley D. & Kathryn M. Jones  
John & Ann Schrader  
Ellen & Scott Smith *in honor of  
John and Ann Schrader*

## United Way

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Josephine M. Espinosa  
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## Tee it Up Fore Kids Tournament

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Tarrant Technology Partners LLC  
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The Boardroom Salon for Men  
The Walton Group, LLC  
Wells Fargo Bank

### In-Kind Tournament Donors

Bar Louie  
Bear Creek Golf Club  
Bikram Yoga  
Brownstone Restaurant  
Buffalo Bros.  
Casa Manana  
Casa Rita's Mexican Grill  
Dallas Zoo  
David S. Irvin, Portrait Photographers

Mr. & Mrs. Paul Denney  
Dutch's  
Edwin Watts Golf Academy  
FC Dallas  
Fort Worth Museum  
Fort Worth Symphony  
GolfTec  
Jason's Deli  
Kinkaid's  
Messina Hof Winery  
Mexican Inn Café  
Moda Aveda Salon Spa  
NYLO Dallas/Las Colinas  
Paciugo  
Patrizio's  
Potbelly's  
Premiere Wines  
Risky's BBQ  
Shady Oak Barbeque & Grill  
Southern Oaks Golf Club  
Spring Creek Barbeque  
Sweet Sammies  
Texas Motor Speedway  
Van Cliburn Foundation  
WineStyles  
Zeeba Salon and Day Spa

## Building Strong Families Luncheon

### Silver Sponsors

Bonnie Cabico  
The Hopper Group, P. A.  
Super Value Pharmacy

### Other Sponsors & Donors

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### In Honor Of

Dr. Tom Rogers by Jack L. Benson  
Dr. Tom Rogers by Jineen & Mike Bessire  
Stef Mauler by Sara Bergson  
Mr. Whit Smith by Mike and Janet Early  
Mr. Whit Smith by Kim & Steve Ford  
Dr. Tom Rogers by Mr. and  
Mrs. Harold Muckleroy, Jr.  
Mr. Whit Smith by Betsy Price  
Dr. Tom Rogers by Jean and John Roach  
Mr. Whit Smith by Mary B. Smith  
The Rev. Dr. Warner Bailey  
by Karl J. Van Harn & Joanna M. Bailey

### In-Kind Luncheon Donors

Bellagio Salon & Day Spa  
Brownstone  
David S. Irvin, Portrait Photographers  
Fitness Guru  
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Intent Film Productions  
LEGOLAND Discovery Center  
Mid Cities Florist  
Nothing Bundt Cakes  
Oliva Italian Eatery  
Orlando Magic  
Skipping Stone Studio  
The Peabody Orlando  
Walt Disney World  
Zoe & Jack Children's Boutique



**Total Served: 16,122**

## Parenting Education & Outreach

Provides information to the community and classes covering more than 50 topics.  
Total Served: 2,524 classes; 5,530 outreach

- Average pre-class test score: 62%
- Average post-class test score: 91%
- 72% of class participants increased their scores by at least 10%.

## Empowering Families

Offers premarital, marriage and relationship education to engaged/dating couples, married couples and singles.

Total Served: 1,032

- 83% of married participants reported that the class improved their communication skills.
- 71% of premarital participants reported that they knew how to resolve conflict in a more healthy and productive way.
- 71% of overall participants demonstrated improved conflict resolution skills.

## Family Transitions (A Co-Parenting Program)

Provides education, classes, consultation, mediation and co-parent coaching for families raising children between two homes.

Total Served: 692

- 83% of class participants increased their scores by at least 20%.

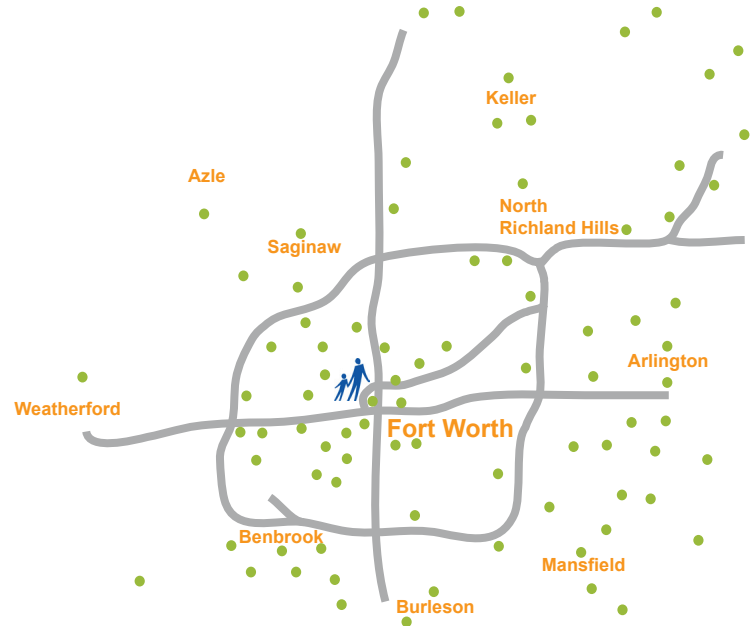
## Parenting Advice Line: 817-332-6399

Offers free, confidential information on questions about raising or caring for children; Open Monday to Friday, 12 p.m. to 3 p.m.

Total Served: 40

- At the end of the phone call, 100% of callers said they felt that they had a direction or plan to follow.
- 100% felt that they would be able to follow through on the plan.

## 2012 Locations of Parenting & Family Life Education Classes



## Parenting Education Program in Schools (PEPS)

Classes taught as part of the Health One curriculum in the Fort Worth and Arlington high school districts.

Total Served: 5,066

- Average pre-class test score: 55%
- Average post-class test score: 95%
- 90% of participants increased their scores by at least 20%.

## Hand-in-Hand (A Wraparound Program)

Serves families referred by MHMR and engages family, friends, teachers, and mentors in the treatment plan for children with mental illnesses.

Total Served: 92


- Total protective factors for child behavioral strengths increased significantly from intake to 6, 12, and 18 months.
- Children's level of functional impairment was significantly reduced and approached non-clinical levels from intake to 6 and intake to 12 months.

## Clinical Counseling

Individual, group, family and couples therapy, as well as play therapy for children, for any mental health issue.

Total Served: 1,146

- 70% of children achieved 60-100% of their established therapy goals.
- 70% of adults achieved 67% of their established therapy goals.

 **The Parenting Center**  
2928 W. 5th St.  
Fort Worth, Texas 76107

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Fort Worth, Texas



**“I don’t know what I would have done without the help & support I have received. Thank you so much.”**



**“Our therapist has been extremely helpful in her efforts to observe my son. Her observations are leading us to have better experiences as a family.”**

**“Although the stories were unbearable, it brought it to my attention how important your talk is. Thank You for coming! You really are making a difference in the way children are treated and raised.”**  
-PEPS Student

**Stronger Parents. Stronger Families. Stronger Communities.**  
[www.TheParentingCenter.org](http://www.TheParentingCenter.org)