Total Served: 16,122

Parenting Education & Outreach

Provides information to the community and classes covering more than 50 topics.
Total Served: 2,524 classes; 5,530 outreach

Average pre-class test score: 62%
Average post-class test score: 91%
72% of class participants increased their scores by at least 10%.

Empowering Families

Offers premarital, marriage and relationship education to engaged/dating couples, married couples and singles.
Total Served: 1,032

83% of married participants reported that the class improved their communication skills.
71% of premarital participants reported that they knew how to resolve conflict in a more healthy and productive way.
71% of overall participants demonstrated improved conflict resolution skills.

Family Transitions (A Co-Parenting Program)

Provides education, classes, consultation, mediation and co-parent coaching for families raising children between two homes.
Total Served: 692

83% of class participants increased their scores by at least 20%.

Parenting Advice Line: 817-332-6399

Offers free, confidential information on questions about raising or caring for children;
Open Monday to Friday, 12 p.m. to 3 p.m.
Total Served: 40

At the end of the phone call, 100% of callers said they felt that they had a direction or plan to follow.
100% felt that they would be able to follow through on the plan.

2012 Locations of Parenting & Family Life Education Classes

Parenting Education Program in Schools (PEPS)

Classes taught as part of the Health One curriculum in the Fort Worth and Arlington high school districts.
Total Served: 5,066

Average pre-class test score: 55%
Average post-class test score: 95%
90% of participants increased their scores by at least 20%.

Hand-in-Hand (A Wraparound Program)

Serves families referred by MHMR and engages family, friends, teachers, and mentors in the treatment plan for children with mental illnesses.
Total Served: 92

Total protective factors for child behavioral strengths increased significantly from intake to 6, 12, and 18 months.
Children’s level of functional impairment was significantly reduced and approached non-clinical levels from intake to 6 and intake to 12 months.

Clinical Counseling

Individual, group, family and couples therapy, as well as play therapy for children, for any mental health issue.
Total Served: 1,146

70% of children achieved 60-100% of their established therapy goals.
70% of adults achieved 67% of their established therapy goals.